# PRIMAVERA 2015





# SPRINGDALES SCHOOL DUBAI

## The National Anthem of the United Arab Emirates

You have lived for a nation
Whose religion is Islam and guide is the Qur'an
I made you stronger in God's name, oh homeland
My country, My country, My country, My country
God has protected you from the evils of the time
We have sworn to build and work
Work sincerely, work sincerely
As long as we live, we will be sincere
The safety has lasted and the flag has lived oh our Emirates
The symbol of Arabism
We all sacrifice for you, we supply you with our blood
We sacrifice for you with our souls oh homeland



The Late Sheikh Zayed Bin Sultan Al Nahyan
First President of the United Arab Emirates



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His Highness Sheikh Khalifa Bin Sultan Al Nahyan President of the United Arab Emirates & Ruler Of Abu Dhabi



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His Highness Sheikh Mohammad Bin Rashid Al Maktoom Vice President & Prime Minister of the United Arab Emirates & Ruler Of Dubai



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#### MESSAGE

#### From The Management Board

ear Editors- in- Chief and members of the Editorial Board Congratulations on bringing out the first Edition of your School's Appual Magazine in Table School's Annual Magazine in such a short space of time.

Aptly named PRIMAVERA, I am sure it will showcase Springdales Dubai beautifully, reflecting the essence of spring, the burgeoning of new life. It will also provide the needed opportunity to our budding young writers, poets and artists to express their thoughts and ideas in their own inimical way

Go ahead, Springdalians, remembering Maxim Gorky's dictum, " The madness of daring is the wisdom of life " and the words of our famous poet and Nobel Laureate Rabindra Nath Tagore, "with your head held high" and "your mind without fear".

Good wishes to you all.

Dr (Mrs.) Rajni Kumar Chairperson

Springdales Education Society, Delhi

### MESSAGE From Chairman

pringdales for me is always a dale where spring is ever present. Spending my childhood in Springdales School, Delhi and being nurtured and moulded by Dr. Mrs. Rajni Kumar is a blessing for which I shall always remain grateful.

The lessons learnt through my growing years, and the values imbibed has held me in good stead in my adult life; visible in the establishment and growth of the Goldline Group that has emerged as a business with a difference.

Springdales School, Dubai is a 'gurudakshina' that is testimony to my heartfelt gratitude and reverence for my mentor Dr. Mrs. Rajni Kumar.

Springdales School, Dubai is successfully into its 3rd year of operation and on this occasion is is with immense pride and gratitude, that I write this message for the inaugural issue of the annual school magazine Primavera and the magazine will play an important role as a chronicle of the journey of the school, highlighting the journey of holistic learning, that our young pioneers have undertaken and the milestones that the schools and students achieve year after year. Education for me is the only answer to the many situations that face the world. Quality education is the only safe passport to a valuable tomorrow from a cherished present. The values that a quality institution such as Springdales will enable imbibing will open up endless opportunities for the manifestation of the Springdalian vision of the world being one family.

I congratulate the staff, students and parents of Springdales School, Dubai on this gigantic step.

With every good wish for many, many successful years ahead.



Dr. Navjit Singh Anand Chairman Goldline

#### Real education has to draw out the best from the boys and girls to be educated.

Mahatma Gandhi



school is living organic unit, which is a home away from home and a mirror of the blossoming of each individual in it.

It is indeed a matter of pride for all of us that Springdales School, Dubai has completed 2 successful academic years since its inception which has been an exciting journey for all us. As with any start-up, teething problems and troubleshooting go hand in hand and in the case of Springdales School, Dubai the visible commitment of all the members of the team has ensured that the school has a lot to showcase through its annual school magazine Primavera.

There is no doubt that academic excellence along with co-curricular and extra co-curricular activities in a proper balance make the process of learning and teaching enjoyable and experiential thereby enabling the overall development and personality of the students. Primavera is a platform provided by the school for its students to express themselves in all creativity and originality of thought and perception as well as for the school to highlight milestones of its

There is no doubt, that Springdales is successful as a centre of excellence with a stress free and caring environment for the nurturing of young minds aided by the fine partnership of the school and parents. We are committed to a healthy partnership to ensure that this environment continues and we seek the vital cooperation and support of all stakeholders to ensure high standards that Springdales is synonymous with.

I congratulate the school, the students, parents and staff on this successful journey evident in the pages of this annual school magazine and my best wishes and prayers for the continuation of this successful journey.

Dr. Farooq Wasil **CEO** Goldline Education

## MESSAGE From Co-Chairperson

Ttake pleasure in the celebration of the manifestation of a vision to emulate the genius and excellence of the well-known Springdales School which has now found resonance in its new branch in the UAE. 'Rome was not built in a day.' This proverb, I presume, explains the long gestation period undertaken by my colleagues at Springdales to bring out an education system that serves the needs of the changing world. You can, without any shadow of doubt, call 'Springdales School Dubai' the sanctuary of modern techniques in education.

The creations of Sringdalians are superbly inspiring and infinitely beautiful. The real spirit of Springdales is its creative energy and belief in oneness of the universe, which is born out of the great ideal of 'Vasudhaiv Kutumbkam' which means 'The World is a Family' I assure you that Sprindales will maintain its pre-eminence as a unique institution in all fields because it has always responded to the needs of changing times. It always surges forward as the world spins down the ringing grooves of change. The institution aims to bring transformation in the education system globally and operating from a multi-cultural place like Dubai will give an opportunity to excel and

Acceptance and promotion of progressive thought is more concerned with raising the standards of teaching and learning in the global educational landscape. Springdales Dubai, with quality staff and highly educated teachers, will maintain the wonderful tradition of academic excellence, research, and promotion of new ideas.

To realize a vision as panoramic as 'Sprindales,' calls for marathon effort and unparalleled clairvoyance. Clairvoyance came to us in the person of our Chairperson Dr. (Mrs.) Rajni Kumar, who through her long-sightedness and benignity kept us as a team on the right track. I hope this step is going to be a harbinger of a very bright future for Springdales. I am confident that the students studying here will emerge as independent critical thinkers and problem solvers and will continue to evolve as lifelong learners.



Mrs. Jasmine Anand COO Springdales School, Dubai

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## Message From The Principal

Tam very proud to part of the Springdales family and indeed honoured to be able to write for our inaugural magazine.

The name 'primavera' is very apt. It is our first publication that gives a varied and dynmaic insight into this flourishing school. A school set to be the school of choice within Dubai.

The very seeds of high quality learning and teaching have been planted. Much time has been taken in creating the right conditions for our young Springdalians to grow and flourish.

It is evident in leafing through publications such as this the quality, the talent, the experiences and opportunities that take place during the course of an academic year.

Pulling a school together, developing the community and enriching our students' experiences requires a team. I am fortunate to work alongside professionals that not only have a passion for their subjects but care for and take pride in their students. I am appreciative of the work that has gone into leading the school to where it is today; a strong platform from which to grow and flourish.

We are clear that our family will grow not only in size but in reputation and standards within the GCC and the international world.

I look forward to leading the 'family' and developing many more publications in the future as we share our journey to 'outstanding' with you.

It is always good to look back and reflect on what has been achieved to ensure we are clear about our way forward. As we launch the publication of 'Primavera', I am reminded of a quote by Henry Ford.

"Coming together is the beginning. Keeping together is progress. Working together is success."

Darren Gale Principal Springdales Dubai





## A Journey

#### from a Sprout to a Blossom!

ounded on the principle of global values and the concept of oneness among young hearts, Springdales School in Dubai is committed to raise students who was committed to raise students who not only excel academically but carry great values. It is a privilege to be associated with a school that has a legacy of 60 years in India and carries the richness of experience blended with an international flavor.

Being the first employee of the school, I cherish and enjoy a strong bond with the school which was launched in 2013 and it gives me immense pride to see it grow from strength to strength. Believing in the curiosity and joy of childhood is the natural basis of successful learning. We provide learning environments to support concrete understanding. In the last two years the school has not only grown in numbers but our students have developed a culture of respect and support for individual differences and believe that 'world is a family' and this is so visible through the ethos that prevails in the school, in all its members contributing to the growth of the school in varying capacity. The staff modifies the curriculum to meet the needs of all students and exceed standards for the gifted and talented.

For the young students my message would be to follow their passion and put in their best efforts. Learn to empathize and connect, as the foundation of all human relationships in the context of global perspective is "oneness".

It gives me immense joy to write for our school's first magazine. On this occasion I wish all the best to the editorial team and our students and pray that their maiden effort matures in years to come. With every true wish.

Mrs.Mala Mehra Head Primary



#### From the Desk Of Head Secondary

Tt is now a little more than a year since I became a member of the Springdale's family. I still wonder how time flew by and I became Lso involved with this growing and flourishing institution in such a short time.

As an educator in this field for almost two decades, every experience of mine has been extremely enriching and engrossing. With each experience I came out more polished, stronger and wiser. Every experience taught me some of the finest lessons in the field of education and imparting the same to young, impressive minds and my time and involvement in Springdales is equally proving to be a time for great learning, a school where I have fantastic bonding with my colleagues, students and parents and above all a fulfilling emotion of nurturing a young school like that of a potter playing with a mould of clay and shaping up his beautiful creations with love and imagination.

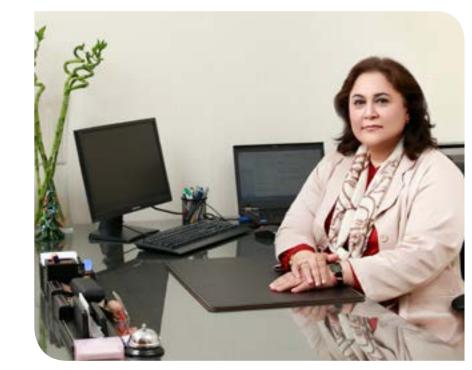
Each day starts like a fresh new canvas that I splash with colours of my deepest wishes and ambitious dreams for the school and all its members. The school has a magnetic effect as I go about my regular responsibilities and recharges me with such positive energy and enthusiasm that my dreams are ever growing. As the day begins with every nook and corner of the campus reverberating with the laughter, pranks, squabbles of our children, their boisterous ways, and their innocent and yet honest take on life; it drives at the point that this is undoubtedly the greatest reward of our profession.

Springdales is truly an institution, a home away from home for our students, where we impart education for the purpose of giving the world her finest caretakers, the beautiful minded individuals, the sensitive and responsible citizens of the future who believe in achieving excellence by combining healthy minds and compassionate hearts.

Primavera-2015 is a window to those beautiful minds giving us a glimpse of their dreams and goals, thoughts and opinion, imagination and realistic understanding of life's many hues and colours.

Here's wishing all Springdalians a great journey of learning and knowing self; continue to believe in the power of pen and freedom of sharing thoughts and expressions.

Mrs. Farah Soonawalla





The Leadership Team



t Springdales School Children are born artists, dancers and storytellers! They are naturally creative and enjoy all kinds of artistic expression: story-telling, music, dramatic play, dance and visual arts. They are absorbed by images in books and express delight over music-even the most informal contact with creative media generates a positive response in children. It is our joyful responsibility to add meaning to

these experiences and expand these artistic opportunities so that a looking into the overall schooling experience for the students. child's understanding of and love for the visual and performing arts in nurtured.

experience new environments and enjoy a class room without walls.

Mr. Alok Kumar Sharma Head of Creative & Performing Art



ur profession as a teacher is undoubtedly the most fulfilling one with a myriad of emotions and a plethora of definitions that sum up a teacher's job. The primary role of a teacher teaching in the classroom too has changed in the course of education reforms and newer thinking. We are now more known as facilitators in a less teacher-centric education. Our roles have become complex and varied, just not limited to exchange of knowledge but

And so my role too changed from just a teacher or a coordinator into looking into the care, guidance and support of the students of It gives students a chance to build closer bonds with their classmates, Springdales as Head of Student. It is a challenging role where I am entrusted to nurturing students beyond their intellectual abilities. They are the tomorrow's citizens, leaders, entrepreneurs, musicians, sportsmen, artists and the list goes endless. Their voices, their opinion and their expectations are of prime importance to building up of a school that believes in democratic principles, freedom of thoughts and expressions and excellence in all areas of life.

> It is a world of experience of a different kind where I hear their say on global issues, on school matters, on peer pressure, on academics and curriculum and on their dreams and goals. As I see budding leaders in the Prefectural Board, shouldering their responsibilities with all sincerity and seriousness, I hear the Student Voice and admire their candid expressions, their honesty and their focus on key areas of concerns and issues.

> It gives me an immense pleasure to be surrounded by an age-group of a population who keeps us forever young and forever going. It is this interaction with them that which develops the bond, the trust and the very precious relationship that gives an unforgettable, cherishing experience of a lifetime.

Opinder Kaur Head of Students



"No student ever attains very eminent success by simply doing what is required of him: it is the amount and excellence of what is over and above the required that determines the greatness of ultimate distinction"

By Charles Kendall Adams

is always scope to do something better than before. A child must learn to compete with himself/herself all the time in order to grow and students are no longer mere vessels that need to be filled, but consistently.

The school counsellor's first professional responsibility is to the students. The educational, academic, career, personal, and social needs of all students within the school setting, from Kindergarten to Grade 9, are the focus in planning and delivering a developmental, comprehensive guidance and counselling program.

The diverse needs of students may require specific counseling expertise and a school counsellor recognizes their boundaries of competencies by providing only those services for which they are other needs. It is indeed noteworthy that education today recognizes qualified by training and experience.

School counsellors serve a dual role of educator (through guidance education activities) and counsellor (through counselling services) merging when the counsellor is involved in prevention work. All of life's situations interact with each other. For instance, by addressing a student's personal/social needs through talks, presentations the school counsellor simultaneously teaches resiliency skills and affects the student's readiness for educational challenges. As a result of such interrelationships, the school counsellor supports the integration of guidance and counselling services to address students' life skills for ultimate success in life.

"Prevention is better than Cure" is the dictum followed by the counsellor in school settings where she helps students' develop competency in all needed endeavors.

Ms. Sarika Gupta School Counsellor



ark Twain once said and I quote, "I have never let my schooling interfere with my education." These words aptly portray what education means today. No longer is it merely about learning facts and acing exams but about acquiring knowledge and skills that go far beyond the classroom. Learning in the modern world is collaborative, research-based. It takes place through peer interaction and it

very child has potential in some form or other. Every is what a student takes away beyond the subjects he /she learns. student can definitely move ahead from fair to good, from good to excellent & from excellent to outstanding. There as a product. In this changing scenario Teachers are no longer viewed as the gatekeepers of information, but rather as facilitators proactive co-creators. The larger paradigm looks to the nature of learning rather than methods of instruction. Learning after all is not schools, teachers, literacy, math, grades or achievement. It is the process by which learning is kindled in the mind of the individual whenever new information is integrated or a new skill is mastered.

> Would it then be right to say that schools today combine education with life experiences? In my mind there is no doubt that along with emphasizing the fundamental aspects of education schools also provide learning experiences that meet students' individual and learner diversity, encourages learner's interest and creativity, and above all fosters a generation of independent focused young thinkers, who will in the years to come make a difference in this ever evolving dynamic environment of the modern world.

> AbefittingEducationisnotpreparation for life; education is life itself. ~John

Meenakshi Mehta (Head of Academics, Senior School)



Springdales School we children are born artists, dancers and storytellers! They are naturally creative and enjoy all kinds of artistic expression: story-telling, music, dramatic play, dance and visual ar Dear Parents and Children,

Welcome to the Kindergarten Section at Springdales School, Dubai. As the Head of the Kindergarten Section. draw upon my many years of educational experience, both

scholars.

brings in competitiveness, flexibility and an enhanced outlook. I am men for creating a new era of aspiring and inspiring knowledge. convinced that our institution has taken this sacred responsibility of igniting young minds towards creating 'thinking citizens'. I would like to say that this year will be treated like a fresh canvas wherein splendour.

beyond. We foster values of courtesy, consideration, and individual ones. With gentle care, we help shape their young minds to be ready for the world that is waiting to meet them.

The achievement of our students is built upon the partnership (Head of Academics, Primary) between students, parents, and teachers. Through quality teaching, student support, and our commitment to extra-curricular activities, we create the building blocks for success that will give them an advantage in their later years.

Together, let us step up our dreams and work with a focus to the best of our ability and potential.



The New Dawn in Education: A Paradigm Shift from Tradition to Trends

SPRINGDALES we

as an educator and an administrator, along with the support of in your life is to raise your child. Therefore, the most important an amazing staff of caring, talented educators, we create a unique investment you will make in your life will be in their education." As educational environment, specially tailored for our youngest being the Head of Academics, Primary I strongly believe that each day is a new learning experience for me i.e. from my students, peers and surrounding. Now, this has become a passion for me to indulge the Every academic year enfolds with a lot of excitement of trying to mind of each individual by pouring a little of my knowledge, keeping create a difference in teaching methods, classroom learning, student in my mind that "the essential thing in life is not conquering but interaction and learning outcomes. Innovation and creativity fighting well" by bringing up a new generation who will be the crafts

As we are introducing a new approach in our teaching and learning the teachers, students and other staff members would be using their process; from content based to skill based learning, I am sure brushes of experience and knowledge to colour it with creativity and our students will taste the flavor of Active learning which is very different from the traditional 'teacher down' model of learning. This approach enables a teacher to have a close account of the needs We provide a happy and safe environment within which our of the individual children and ensure that everyone is offered the students can experience opportunities inside the classroom and best chance to expose his/her potential. This would enable the child to come out from his secure shell and be a competent as well as a responsibility, and provide both challenge and support for our little confident learner, who takes pride and ownership in his/her learning.

Sreevidva

Arundathi Srinivas Headkindergarten



#### Editorial Desk

We dedicate this first issue of the annual school magazine Primavera or how much has been achieved in the journey. to Dr. Mrs. Rajni Kumar our leading light who enabled this eternal season of spring in the form of Springdales School, Dubai.

annual school magazine of Springdales could not have been chosen as the school is always energetic and vibrant with activity and life all through the year just like the season of spring.

acceptance and eagerness to overcome the challenge sets things rolling. At the finish post, we seldom realise how far we have travelled all of this through to its print form.

The maiden journey of the making of the magazine has been a wonderful learning experience and a revelation of sorts as it was an unknown world that opened before us, of breaking norms and Primavera means spring in Spanish. A more significant name for the preconceived notions, striking out at our own tendencies to be judgemental about talents and abilities or ideas. It has been a scared commitment for all of us, right from the sprouting of thoughts, blossoming of ideas and in turn the spirit of every member of the school fraternity, from the time of the inception of Primavera to Every new challenge is daunting in the beginning but with time, our planning, allowing the seeds of ideas to germinate, allowing them to grow, sharing with a critical audience for feedback and finally seeing

#### "Write. Rewrite. When not writing or rewriting, read. I know of no shortcuts."

At Springdales, we take what Larry King, the American author and playwrite says serious to ensure that no shortcuts are allowed in enabling the flowering of creativity and in particular creative writing. We believe that this will nurture all our children across Family". sections to express their thoughts, view, opinions or imagination fearlessly. We extend this support into other forms of expression Our sincere thanks to our dear students, teachers, parents, the such as art or photography and other media of expression.

The first edition of our magazine, relates much to what Benjamin Zander in his book 'The Art of Possibility'. He talks about how one and present it for your reading pleasure.

can go beyond contributing to beginning the journey and says 'In the game of contribution, you wake up each day and bask in the notion that you are a gift to others"; such a perspective has great value as it allows us to appreciate everyone around us as a gift to us. As we continue our journey towards excellence in 2015, it is our hope and desire that each of us in the school will be a gift & contribution to others and it is only then that we will fulfil our motto, "World is a

leadership team and the management who have brought Primavera 2015 alive with their immense support help and rich contribution

# Making Of Springdales

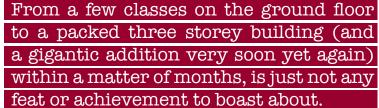
eing a founding member of this glorious institution of the challenges encountered by me. has helped me grow as an individual. Two years back Springdales School Dubai opened its doors for a new Bhairavi (Coordinator: Kindergarten) generation of students who joined from all walks of life. We had around 300 students and the Kindergarten itself consisted of around 175 students. Setting up the standard of being "Quintessentially Indian and innovatively international" and maintaining the ideals of an already established and esteemed organization like Springdales was not at all an easy task.

The team has been hard working, organized, dedicated, enthusiastic and highly professional. We all strived hard to keep the Springdalian ethos and culture, and work towards the vision and mission of the school. My major task was to create a hospitable climate to child education, implementing strategies for the holistic growth of this institution, shaping the vision of academic excellence for all students. Inculcating leadership in others, managing the staff under me were some



# The Meandering Springdales





This is the story of the most vibrant and happening school of Dubai, Springdales. I have seen the number grow by the day and each day I see new faces, confident and yet apprehensive at times; little worried as to what would be in store for them in the next minute or hour to come. However in no time, they overcome their fears, adopt and adapt the Springdalian culture, the ethos of the school very fast. They are the young learners, eager to open their hearts and mind to anything and everything that comes in their way.









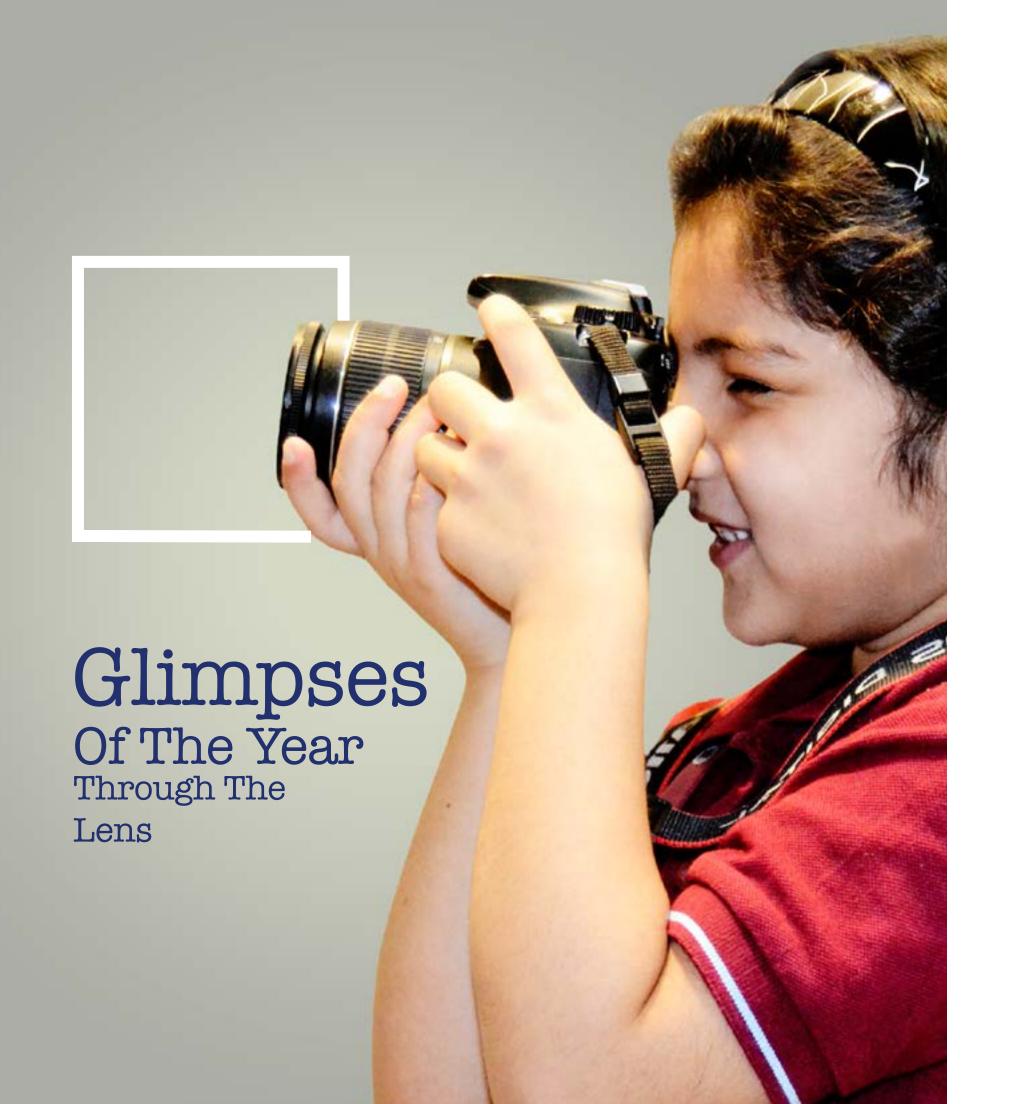


In my years of experience I must say I have never seen such abundance of exuberance and confidence within a matter of days. This is unique to Springdales.

Tthink the environment resonates with the motto 'The World is a Family' through every brick and every ounce of Importance used. This feeling of oneness radiates through the hallways and corridors and the children like sponges absorb it the most. Our aim is to imprint and embed this aspect of human emotion in every heart beating in the campus, no matter how wide or tall our structure grows.

Springdales meanders its ways through the desert, each day growing into a stronger and mightier river of education, enlightening and enhancing the growth and development of the young generation of today and tomorrow, promising the world of a more responsible and sensitive citizens to take the onus of spreading peace, harmony and cooperation and breaking all barriers into making life truly worthy in this beautiful planet. Bushra Mansoor







ALAQA
Rishta
2014-2015







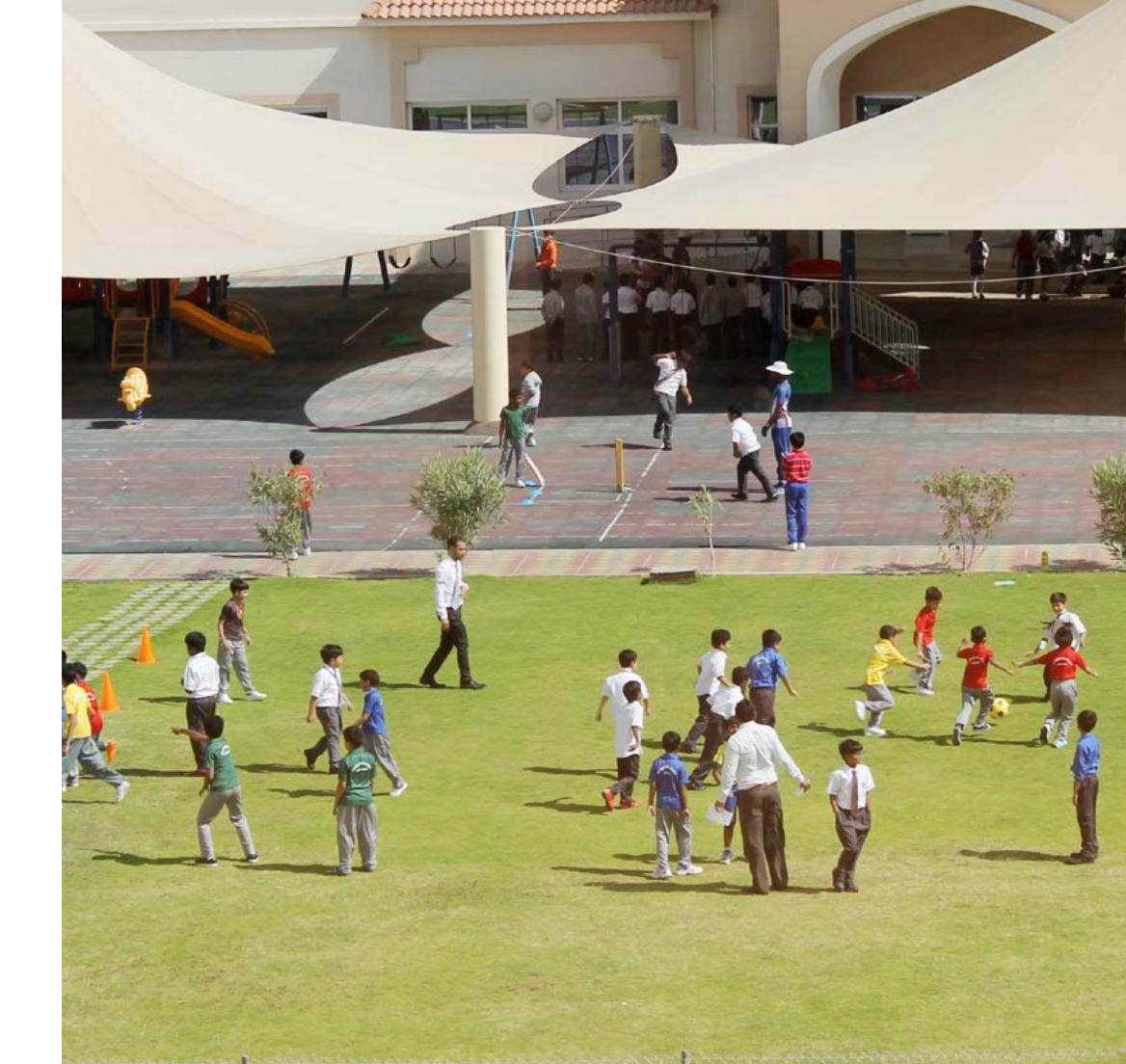






















































































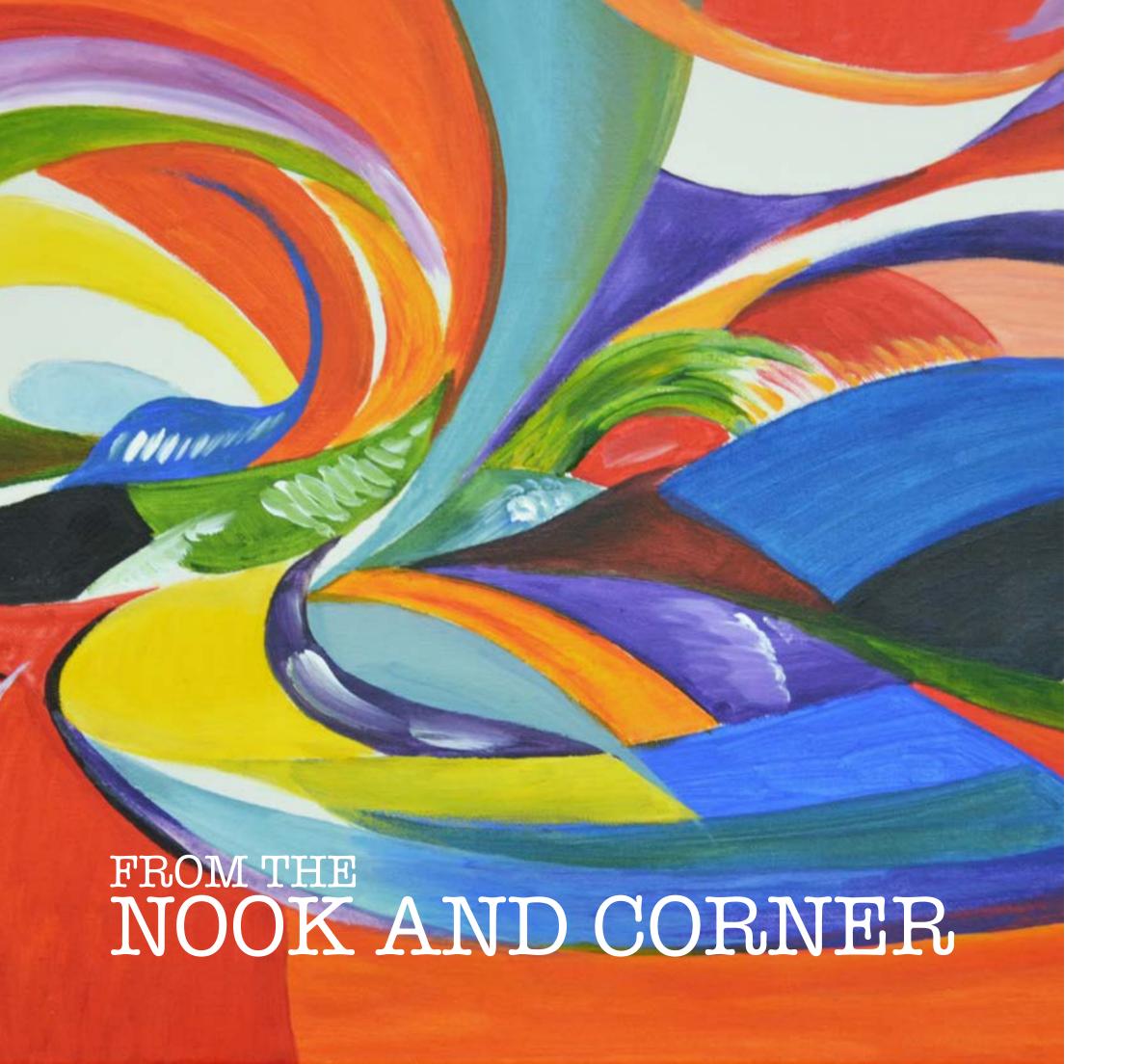








































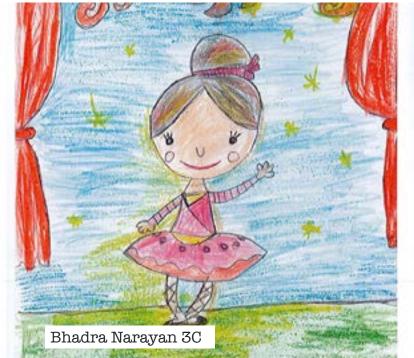








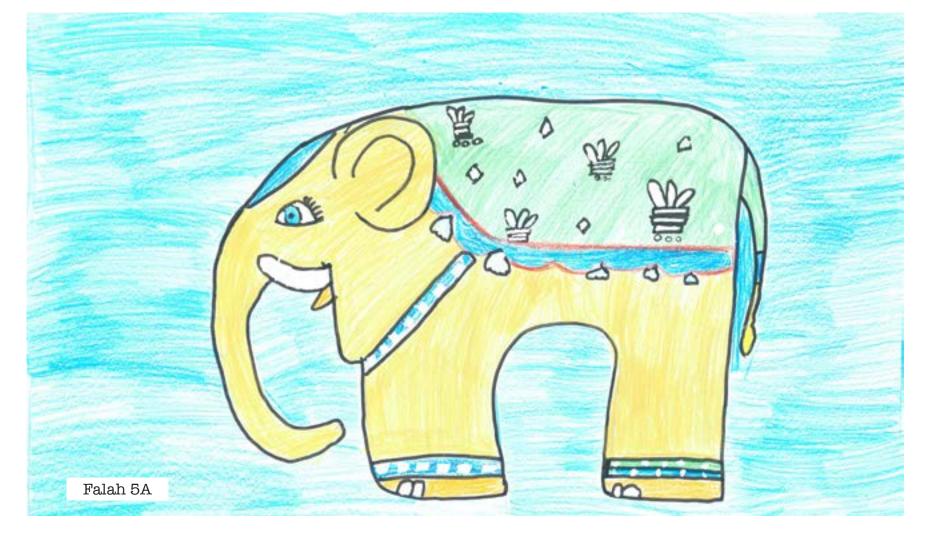




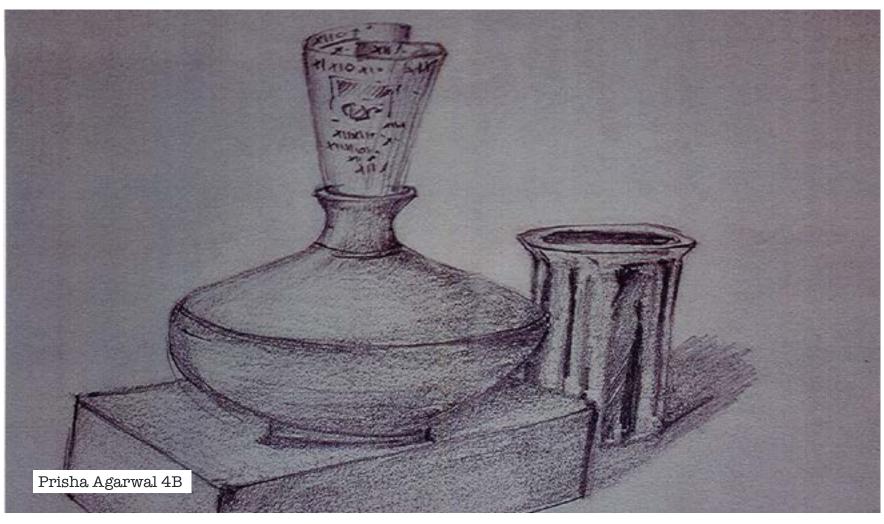






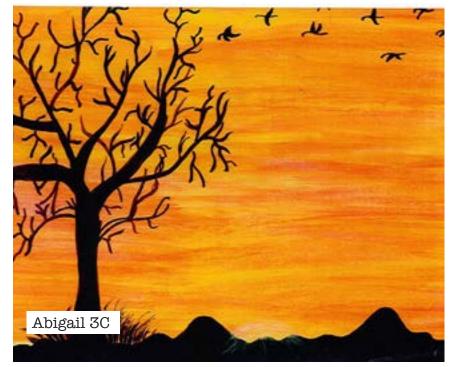


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SPRINGDALES SCHOOL DUBAI









# My Heart Book Mark

rigamiis the art of paper folding, which is often associated am successful each time I try. I feel extremely happy when with Japanese culture, with no cutting or gluing. Last year I was shown a BOOMERANG by one of my friend. I was very amazed to see that paper craft, that was the piece of Origami art which inspired me. And today ...right after exact one year I am able to make these things. I am inspired by these YUVRAJ SINGH, GRADE 6 A origami artists Robs World, Jeremy Shafer, Jo Nakashima and Tadashi Mori. I wait for every Wednesday when a new video is uploaded on You tube. I watch once and then I try ....and I







# Where the Nightingales Croon The den where we sing, where our voices dance on the instruments where our teachers help us to bring out melodious expressions from our soul, where notes are sung and notes are played, where beats and rhythm merge; where lyrics define poetry in music; the much beloved 'MUSIC ROOM'.



# Basic Approach To Music Competition (WESTERN VOCAL SINGING)

Tust singing at home without any guidance is not enough to win nitely giving importance to the a competition. Therefore it is essential to learn and train under vocal specialists who can polish your skills and teach you 9. Try not to make too many the various aspects of singing.

2. First of all select songs of a singer you like and that will suit your Music. voice and your range (level) in singing.

3. After selecting the singer and the song, try to see whether you are singing should defiable to sing on the original scale. 4. If you are not able to sing on the original scale, say for example D the singer.

scale then try to sing the song on C scale or even lower. 5. Most of us will not be able to sing like the original singer, but we

can still do the song according to our range in singing by choosing the right Scale.

6. Learning the lyrics of any song correctthe key to singing, apart from starting on the right note (pitch).

7. It is essential to choose a simple or a difficult Rhythmic song that would capture the imagination of the people.

8. One should focus on the various aspects of singing like the Pitch, Diction, clarity, modulation etc. apart from the four parts and defi-

the original song including

10. Those of you who Instrument which

11. Be always

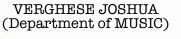
Melody and

changes from the background

have the Talent in nitely learn a Musical is an additional asset to

confident, positive when you stage and feel the song so that comes out of you.

Lastly there is no substitute for hard work and if you believe in your Talent, you can definitely achieve your



# Where Flamingos Foot-Tap' Tt is that time on the timetable in the week when our body and soul converse Lin the same language, when we lose and find ourselves at the same time, when the music is not sung but expressed through exquisite body movements, when discipline collaborates with aesthetics; the time when we DANCE in our Dance Studio.

#### Dance Your Way Through

Then I was four, I could barely balance and walk, but I started my first class of ballet. The steps, the music, the slitter of my first class of ballet. The steps, the music, the glitter of the enchanted world of ballet. the enchanted world of ballet made me love dance more than anything. With time, I understood how much my first ballet teacher had worked on me to make me fall in love with ballet much. The capability, the experience and her great passion for the dance world created that fantastic and shining environment for us, pupils.

Today, I am a teacher following her footsteps and pursuing my passion. I don't want my students to find dance as a burden with all about syllabus, curriculum and technique. I want them to bring out their souls in rhythmic movements, to dance as if no one is watching them, to let their inner self be free, expressing themselves in exquisite forms and patterns, where mind and body talk the same

I aim to make my students happy while dancing, to conquer their fears and inhibitions, to confidently take the stage and face their audiences. Sometimes, the lessons are tough and technical and children rebel against such rigors of the course. That's wherein lies my testing times; teaching them about sacrifices and hardships, discipline and determination required to fueling their passion.

And there are times when I feel I am on the right path when my students come to me with requests of using the dance studio, to practice more, to become more adept in their skills, to discuss on the choice of song or music that they want to dance on. Their enthusiasm and their love for dance make my day. A little help to them, a little guidance, a smile on my face and sometimes a little firmness make our journey together such a soul-searching one; a discovery of our own selves, unfurling and unfolding our common passion as we trudge together as teacher and students.

Creativity is limitless, passion is unbeaten, expressions paramount, discipline and dedication uncompromised, souls finding freedom are some of the keynotes that we foot tap on in our Dance Studio.



Ms. Stefania



# Where IT begins

he place that holds the key to the future! We use our equations and logic to make an Excel sheet dance to our tunes. We learn how to create beautiful looking presentations that make our projects so much more fun. We type our essays and assignments using the lessons from the ICT lab. Cyber do and don'ts are drilled into us here to keep us safe on the World Wide Web. You cannot conquer the internet without knowing how to create a webpage.

The young minds who work in here, whose interest in the topic gets heightened, could be the next Sabeer Bhatia. Though the basics always begin here, yet it is the man who makes the machine and not otherwise. Thus mechanical intelligence still has to bow down before human intelligence and IT must not forget it!

Ms. Jyothi Nair



Ms.Jyothi Nair

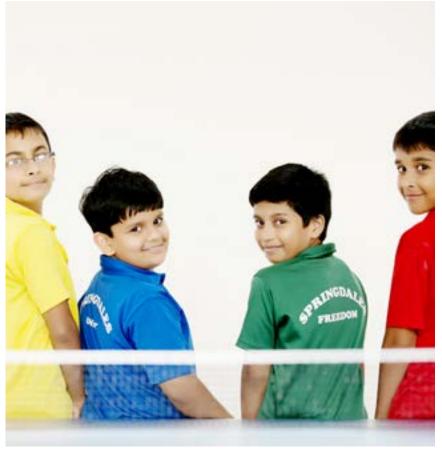
# Where the Crowds Cheer: From the Arena he time of the week that we eagerly wait for; the periods in our time-table that we never want to give to any other subject, never to compromise or adjust with any other periods: our much beloved Physical Education period. It is at times hilarious, at times scary and at times irritating how teachers make us do our work, complete our assignments in the name of the P.E. period. When all their efforts fail, we indeed give in to our teachers' demand as they know where our interest and soft corner lie. The games period is a combination of fun, freedom, of learning skills, of strengthening our mind and body, of discipline, of determination, of focus, of aims and targets. Last but not the least, it is in this period we learn the value of team spirit and of the strength of one's character. Thus our P.E. Department makes all the efforts to impart lessons that believe in learning beyond the classrooms and text books.

# Fitting Reasons for Fitness

The increasing popularity of computer, video games and television makes the children to be very inactive in their lifestyles. Lesser time should be spent on these pastimes and more on physical activities to have a healthy growth and development of mind and body. Parents should be a role model for their children. If the parents are looking very active, the children are more likely to be more active and will stay active for the rest of their life.

Participation in sports and other physical activities have many benefits for the children. Organized sports offer the chance for youth to enhance their physical and social skills. A balance should be maintained that matches the child's maturity, skills, and his interests in sports. Sports offer children a break from the monotony of their daily life. It is also a useful means of entertainment that helps in the alertness and agility of their faculties.

A healthy diet and an active lifestyle will bring good results in the academics and co-curricular activities. The recreational activities eliminate the unhealthy habits of the children that may lead them to diabetes, high cholesterol, high blood pressure, heart disease, joint pain, strokes and other serious health issues.







#### Where the Bookworms thrive and flourish

creations. Springdalians find their school library a retreat time (Drop Everything and Read) every month.

he most loved den for many of us, a haven of tranquility, where they find their best friends, 'books' who take them where the world opens before us as we turn the pages out on a tour of fantasy, mystery, fiction and truth. They find L of different books of different genre and by different their inspirations here; their flights of fantasy take off from writers! It is the place where many a great creator had met this very room and their seeds of creations get sown here. The with his 'Eureka' and had given birth to great ideas and library is the paradise of books that help us with our 'DEAR'



#### Books, the Beaconing Light of Wisdom

love of books and reading is the best of all.' This quote by L Jacqueline Kennedy is so true because whenever you read a book you open a door to allow in more light. Books undisputedly play In conclusion I would like to reiterate the fact that it is our an unparalleled role in shaping the destinies of both individuals and nations and nothing guides more effectively than reading. Alas! In today's digital world books as a child's best friend are being replaced at an alarming rate by the very latest versions of iPhone, iPods, and video gamesto name a few of the fascinating gadgets doing the of teachers." rounds. No doubt this might be the era of PSP or Xbox or WIFI, but in my mind books can never ever be replaced.

The best gift that any parent could gift his or her children would be to inculcate in them not only love but a passion for reading. A question I always ask my students is "Do you love reading?" Because I do! In my mind the importance of reading books cannot be undermined. They are a storehouse of knowledge just waiting to be discovered. And the advantages? Well where does one begin? They give us peace of mind, improves concentration and skills of language, facilitate our art of expression, fuels our imagination and creative inclinations and above all enrich our treasure chest of knowledge.

However the apathy lies in the fact that children today spend the lion's share of their time watching TV or on social networking and blogging. Not to say these are entirely without benefit. Definitely the advent of technology has simplified access to knowledge and its dissemination but somewhere we need to strike a balance. In fact I believe that thanks to technology it is easier to be well read. Earlier the act of reading was synonymous with acquiring whatever we wished to read but today the world of books are just a fingertip away. Search the internet and you are sure to find whatever you desire to read. The crux of the matter is therefore not where or how you read but the importance of developing the habit of reading.

Since times immemorial books have played an important role in our lives be it for recreation, education or articulation of our thoughts. History is full of instances where books have been the harbingers of change. The writings of Rousseau and Voltaire kindled the flame of the French Revolution, while Karl Marx's 'Das Capital' paved the way for the Russian Revolution. The point I am making here is that through reading we get enlightened and this awareness opens up pathways to new worlds.

Thus, a bookstore holds great attraction for me; the beautiful covers, the illustrations, the smell of the new print, the pride of possessing old publications explain my love for books. The most beautiful and engaging den of Springdales to me is the library which is a world of its own, a haven of peace and wisdom that invites one and all to be lost and to be found with new learning and enlightenment. It is vibrant, colorful and inviting and hence it is my constant endeavor to see our students spend a fair share of their time in our school library. No wonder Harold Howe, the former U.S Commissioner of here are many little ways to enlarge your child's world, but

Education had so rightly said, "What a school thinks about its library is a measure of what it thinks about education."

> responsibility as parents and educators to kindle and keep the love of reading alive. Charles William Eliot sums it up beautifully when he says, "Books are the quietest and most constant of friends; they are the most accessible and wisest of counselors, and the most patient

#### Mrs. Farah Soonawalla Head Secondary



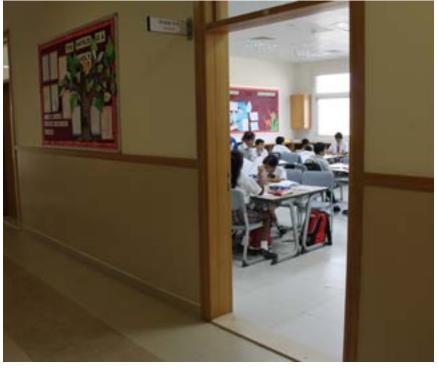
















#### To Teach! To Learn Beyond The Boundaries.

o help young people learn the more • small-scale classroom studies about stucomplex and analytical skills they dents' written work; ▲ need for the 21st century, teachers • analysis of student data; of Springdales School, Dubai have learnt • study groups; or learning ways that develop higher-or- •involvement in a development or improveder thinking and performance. To develop ment process (designing or choosing new the sophisticated teaching required for this curricula or textbooks; assisting with the mission, Teachers are offered more and school improvement plan); more effective professional learning. The • Case studies about patterns in students' importance of spending time building a collaborative culture within the schools is also stressed, wherein teachers keep learning To sum up, among the key factors that seem sion of the school's future.

Here are few examples of different types of collaborative, students-embedded professional learning activities being followed at Springdales School, Dubai:

- the analysis of the school's culture;
- peer observations of practice;

- classroom behavior.

and feel valued, risk-taking is promoted, and to inspire our teachers is to change their teachers are encouraged to articulate their classroom practices, and joint work with Mr. Shyam.K values and beliefs, developing a shared vi- other teachers on concrete tasks and problem-solving, supporting teachers' mutual aid, responsibility, initiative and leadership; observation and assessment/ feedback processes; inquiry and reflection on own and others' beliefs and behaviours; teacher educators and mentors modelling the new teaching practices, encouraging teachers to implement them, and constructing oppor-

tunities for teachers to share their learning and reflections; practical courses connected to the reality of classroom activities. The collective participation of teachers from the same department, grade or subject, afford opportunities for active learning, and contribute to a shared professional culture - the development of a common understanding of instructional goals, methods, problems and solutions is the benchmark or the pillars laid by the Teachers of Springdales School, Dubai for future generation.

















#### Chocolate

It cruises around the cake, It contributes a lovely taste, It is not contrived at all, And is really yummy of all.

It gives me a chirp, It brings me a little near, I chase it a lot, Even faster than a cat or a mouse

There are many things made up of this Cakes, cookies, croissants, cupcakes You can try it too, Why should we wait

Sometimes Brown, or even darker, Sometimes white, or even whiter But always yummy And even yummier

Oh! You can guess it Oh no! you have not So I tell CHOCOLATE is that.



By Jitakshara Nain

#### Dream

Your dream is yours alone Your treasures, yours alone Your mission, yours alone And The key to unlocking the mysteries And the wonders of life are also yours



Siddhanth Nair - 4B

#### Christmas

Its Christmas Eve today

Its Christmas Eve today Mistletoe, socks and bells Everyone in a jocund company And mistletoe to bring us smile

Its afternoon already Please don't tell me lunch is ready Yumm! I think today I am lucky Its Christmas Eve today Wine, sweets and berries, Jingles, carols and merry Gifts and Presents everywhere Its Christmas Eve today Its afternoon already Please don't tell me lunch is ready Yumm! I think today I am lucky Its Christmas Eve today Wine, sweets and berries, Jingles, carols and merry Gifts and Presents everywhere



By Senalda - 5B

#### Glory

Even a small wish is okay. Even a small resolve is fine. Even a small good deed is excellent. Walk forward alone Fearless and calm One step at a time On the path of right And dory will shine in your life.



Siddhant Nair Grade 4-B

#### Dubai

I live in Dubai Here the building touches the sky

Burj Khlaifa is the tallest building of all It is next to Dubai Mall.

In Emirates Mall we Dubai can do icesking, There are many gardens for picnicking.

Dubai has many beaches to have fun, Where there is lots of sand and sun.

I like Dubai because it is clean, It looks like a beautiful scene

People wait for their turn, This is what we should learn.

Here they live together in harmony, As if they are a family.



Shikhar Ojha 3C

#### The Little Bird

Once I saw a little bird, Coming Hop, Hop, Hop So I cried out "Little Bird, Stop, stop, stop"! I was going to the window, To say "How do you do?" But he shook his little tail, And away he flew.



Kashish Sharma 7-A

# Pledge for Honesty

Each day when I wake up, I take a pledge to be honest. To defeat lies by honesty, To defeat lies by truth.

No matter how difficult it is, We follow the path of truth. To gain the trust of the world, We will follow the path of truth.

Every Moment of our Life, We will be responsible, at any cost, To not betray our own or others, By lies and hatred.



Pratyush Jha 5C

#### Sun

Sun in blue blue sky. You never wear sunglasses They are important for you. Your eyes will be tired, As you are full of fire. You move in all directions Giving sunlight to all. Hey! My dear sun do you Have home? In London or Rome or just float around the globe?



Kritika Kochar 1C

#### My Mother

My mother, bright as sunshine, Making others more than fine, My loving mother, Always bothers, for me and my family, Always guiding the right way, Happy feelings, all the time, But when we are away, Its all bore and bore, She always cries when we do something good, She always cries when we do something Thank you mom for everything No matter how big I'll be I'll always remember the things you have done for me.



By Amal Roy 4A

#### PEACE:

Let there be peace on earth For which we have been in search Peace is a gift from God Who is our Divine Lord. Peace is love Just like a dove Peace is light Which makes a place bright There is no height Where there is peace, delight Peace is hope A tight bond like two tied ropes Peace is Jov It's our time to enjoy Peace is faith

This is our chance to change your fate. Peace, you can say Might go a long way Let there be peace on Earth For which we have been in search



By: Tanushree Verma 7A

#### Friendship

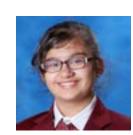
Oh! What a beautiful life To have a friend by my side For giving me such love That I am very proud of Oh! What a beautiful day When you come near me and stay To share your feelings and thoughts When our friendship is a complete knot Oh! I am feeling lucky When you make my day so shiny Whenever I come near you I always think our friendship is true I thank God For our friendship which is so firm I love you my friends For being so kind



Devanshi Vipin - 8A

#### The Perfect Gift

A gift to keep you organized? A present to help you clean? A gadget for the kitchen? No, that would just be mean. Pretty perfume just for you? Something for the car? All these ideas. won't get me very far. So much that you deserve, Was your favourite colour blue? Oh, what is that one thing? To show that I love you? I will make you something, End of that I will be proud, I know you will love it too, It will be bright, it will be loud too, Here it is mum, In bed you should stay, With breakfast and a card, On Mother's Day



Sanya 6B

#### Today is the day

Today is the day of beauty In things plain jane As I see the snow falling By my window pane Seeing the flakes fall I thank the heavens For joy in things all Today is the day of giving Putting a smile on someone's face Doing an act of kindness or two

Pushing forward the human race Tears of joy trickle down my mother's face "Oh my child, in you I see the God's face". Today is the day of friendship Standing by my friend in need By your side, I will always be Through thick and thin and your every deed Whenever you are feeling down

With no shoulder to lean on Call for me, you'll find me around. Today is the day of dreams I see rainbow and the golden pot I can draw the path across Joining dot to dot Santa comes with gifts galore Riding on his sleigh Spreading the magic of love. Joy and more.



Mihir Kiran Singh - 7A

#### Nature in the Garden

I smell the fresh air Wind blowing on my hair The flowers, green, yellow, red In this place, I would never go to bed The grass as sharp as a knife Never seen such a thing in life The flowers glowing in sunlight This place is so bright The leaves shining violet blue In this place, I would never get flu The Lavender's smell In heaven I fell Some flowers look like porcupines If you steal them you will have to pay a fine. The Orange flowers I am getting some power The beautiful rocks All together in stocks

The leaves red, yellow, green What a beautiful sight I've seen The leaves are rustling Some flowers are wearing cufflinks I can smell the fresh air Wind blowing on my hair



By: Tanushree Verma 7A

#### I know I can!

I know I can Everybody's my fan I think I'll pass I'll finish in a zan

I don't know how it goes Well nobody knows I'll see it in the end I think am close!

What will it be? Well let me see I don't know if not I'll cry and flee

Wow I got full marks I got shocked like sparks This is so exciting I can run to the parks!



Kris Jason George 5C Culture & Creativity Group



ORDEM E PROGRESSO

# My dream comes true

veryone has a dream; like achieving something, going places, doing great things etc. 1 too have a dream of one day becoming a world famous professional football player and playing for the FIFA World Cup. I have always dreamt of walking on the crisp cut grass of the football field, greeted by the roaring cheers from the spectators and doing what I love the most — that is playing football and scoring goals! Well, you know what! I never thought that a part of this dream would come true so early in my life.

It all started when I saw an advertisement from McDonalds Arabia selecting Player Escorts for FIFA 2014 World Cup, going to be held in Brazil. With great excitement I took part in the competition. The results were to come after two months but I was so excited that I used to check with my Father if he received any message from McDonalds almost daily. Then when one day as I returned from school

and entered my home, I was greeted with a big broad smile from my father and a tight warm hug from my mother. I couldn't believe what I was hearing; when my father told me that I won the competition and would be flying to Brazil soon.



Before I could realize what was happening, I had already arrived at Rio de Janeiro, Brazil. The representatives of McDonalds were there to receive care of us. Finally the big day had arrived. McDonalds were there to receive us and took really good

There were many kids like me who had travelled from different parts of the world as Player Escorts. We were given the official uniform of the Player Escort complete with the shiny new Adidas Football boots. I couldn't believe my eyes. As we approached the entrance of the football field at the Maracana Stadium, I could smell the fresh cut grass and could hear the roaring cheers from the hundred thousand spectators seated. I accompanied the players from France and Ecuador to the field. I can never forget that moment.

When I returned back to Dubai, so many newspapers and TV channels had covered this news and many people recognized me both here in Dubai and my home town. I felt like a celebrity\_

I can say that yes part of my dream did come true and I am definitely working for the rest of it to come true too...



By Fahim Faisal V - B

#### CANDY LAND

alah and Rachel were walking in aisles of the museum when they heard Carmita Mam calling all the students for instructions.

"Nobody should attempt to enter that room in the corner "said Carmita Mam. Jyoti Ma'am also insisted that everyone should follow the instructions. With this the children started going around

Rachel: What do you think could be inside the room?

Falah: I really don't know but maybe there is something unique. Rachel: Let's go into the room.

Falah: Stop! Stop!, the teacher will get angry at us.

Rachel: Come on Falah, none will know if we sneak in quietly.

With this both the girls slowly opened the door of the room and noticed some worn out artefacts and a small trampoline. The girls decided to play on the trampoline. The moment girls jumped, they disappeared and landed in a colorful place. The whole world seemed to be made up of candies and chocolates. They walked slowly and carefully, without touching a thing.

The trees were made of candies and they had cotton candies dangling from the branches. The girls were bemused to see all this and could not believe. They are a lot of candies until they came across a rabbit By Johana Ann Biju made up of chocolate. Rachel decided to eat the rabbit but Falah told her not to as it is alive. The rabbit started talking to the girls and thanked Falah for this gesture. They asked rabbit what time it was and were scared when they got to know that it was 3 o'clock already. Falah! Falah! Shouted Jyoti Ma'am and Falah woke up. Falah always used to dream about candy land and wondered whether it was real.



By: Falaa Fatima – 4-B

#### THE BOSSY: PRINCESS

There once lived a king and a queen who had a beautiful princess. L she was pretty but very bossy and rude. she was rude to her parents, rude to her teachers and bossed the servants.she had many beautiful thing but the most she adore is her sparkly gold shoes. one day she was eating her breakfast in her room which her servant made for her. suddenly a strange wizard popped out of no where. "what are you doing here" said the princess rudely.

"i am here to teach you how to be polite" said the wizard gently. "i dont want to be polite cried the princess".the wizard took his wand, waved it and pointed it at the princess.the princess favourite shoes where floating in the air. the wizard said "if you be polite for one day i will come back and give your shoes". the princess had to agree. she would do anything for her shoes.

the next day when she woke up she was making her own breakfast. when the servant came to make her food the servant was surprised. "i am making my food today" said the princess. I cant belive this said the servant happily. In school, she listened to the teachers, her parent and her friends.then after this entire day she went to bed. the next day, when she woke up the wizard appeared. he said "i was watching you the whole day yesterday". "since you were polite i gift you your shoes back".the princess was happy.she learned her lesson and was not rude anymore.



# Tiger & me

Twas walking in a deep and green jungle. I saw a ferocious tiger Lwho was smiling at me and his smile suggested that he liked me and offering me his friendship. I was amused by this and responded with a big smile and a gesture suggesting that I was excited by his proposal and excited to explore the jungle with him. He gently walked in the jungle and indicating me to follow him. I followed and he took me to the beautiful parts of the jungle and kept on introducing me to all the lovely animals of the jungle. All the animals were very friendly except a snake that sneezed at me and tried to bite me. I shouted 'Help .... Help ' ... The tiger came running and roared at the snake. The snake fled away and I went on and hugged my dear friend. I can feel the gentle breeze touching my cheeks and then I heard C0000 C0000 C000...' - It was my alarm and I realised that it was 06:30 AM and I have to get ready fast else I will get late for school.



By Fahim Faisal V - B



#### The Wicked Never Reward

in his throat.He was unable to swallow;he felt terrible pain in his throat. He called out to a crane that was passing by and asked him for his help he said, "I will reward you if you help me take this bone out of my throat." The crane agreed to help, put his long beak down the wolf's throat and took out the bone. "Please give me the reward you promised"

,said the crane. Thewolf smiled and replied, "Be contented. You have just put your mouth in a wolf's mouth and taken it out safely. Isn't it a reward enough for you?" The crane cursed the wolf and flew away quickly

nce a wolf was eating his hunt and suddenly a bone got stuck MORAL OF THE STORY: Serving the Wicked Expect No Reward and Be Thankful If You Escaped Unharmed!



Anuraag Srinivasan Gr2A

#### My First experience in Dubai

arlier I was studying in Mirambika Free Progress School in Delhi. When my father was transferred to Dubai, I had two options — to stay in India or go to Dubai. I chose to go to Dubai because I would get to learn many new things there. While I was sad to leave my friends and relatives, I was excited because Dubai has Burj Khalifa, the world's tallest building, Ferrari World of Abu Dhabi, which has the fastest roller coaster in the world and so many attractions of being the world's one of the finest cities. I was very happy when I joined Springdales School, Dubai. It was a new school which had just started. The school building was very impressive. Many of my cousins had studied in the Springdales branch in Delhi. On my first day in school, 1 was very nervous and shy. But soon I made friends with my classmates. The teachers helped me to settle down in the class. What I like most about Dubai is that it is a very clean, multicultural city where people from different countries live together as one family. You can learn a lot about other cultures, traditions and beliefs. I like the people being so disciplined and law Saurabh Ojha 8B

abiding. They follow the rules and keep the city clean. I like to go out to enjoy the natural and man-made marvels of Dubai. My favourite outing is to Jumeirah beach. There I love to swim and play in the sand with my brother. I also like to go to Kidzania where we get to play the role of different professions. The Global Village, which is open during the winter season, is a place where we find handicrafts from all over the world. I also like to go ice skating in the Ice Rink



in Dubai mall and play with snow in 1-ski Dubai. There are many places for outdoor activities such as rock climbing, playing sports and going for picnics. Also here you can eat different types of cuisines whether it is Arabic, Indian, Chinese, Thai, Mexican, Iranian or Lebanese. There are many good restaurants in the city. I find Dubai very exciting and fun-filled city. I am happy to be in Dubai.

# The Voice of The Young

#### Mango Farm Visit

his article is about my recent visit to my aunt's mango farm to produce wheat, rice, maize and vegetables to sell out in market grandparents and mother. We had a lot of fun for the whole day. We other. It was a wonderful experience which I want to share with you ate lot of mangoes. These mangoes were really sweet and tasty.

We played different outdoor games like cricket, hide & seek, climbing on trees, running & catching each other. While playing cricket, we lost the ball many times but somehow found it luckily all the time. There were many farms next to my aunt's farm house where farmers were living with their families in nearby huts and do farming job. My grandparents who were supervising us briefed us about farmer's work. Some of the farmers who were very poor did lot of hard work

during last summer vacation. We were a group of 14 including—and earn money for their livelihood. The best time we spent here is Lall adults and children. I went with my sister, cousins, aunt, to having bath in open tube well playing with water throwing at each all. If you get a chance to visit any farm house in future please don't miss it as this will be a unique experience in your life.



DakshMehrotra

#### An Unforgettable Journey To The World Of Aliens

👕 t must have been past midnight. Anna was fast asleep... the night 👚 before she could realize one of them held her and injected something. Lup She rushed to make sure it was locked... but still something world of aliens. Green noses, one eyed animals, strange smells... she didn't seem right. She hid behind the blanket trying to sleep, only to woke up exasperated! wake up a few seconds later.

Bright lights lit up the night sky., she had heard her brother talking about UFO's a few days ago. But could this be real... an unidentified flying object in her backyard! She gathered some courage, wanting to see it for herself. She tiptoed out into the garden through the

Three creatures were walking towards her. "Are these aliens?" She muttered to herself. It looked like a family... a bit eerie she thought. They had large heads and small bodies and they talked softly and

seemed as quiet as could be. Suddenly, a loud noise woke her She shuddered at the thought of being transported into the strange

Thank God it's only a dream!



Sahel Halim Ahmed - 4B

#### Save Earth

Our earth is blessed with a health and beautiful environment. We thank god for having created so plenteous beauties. One of the common enemies of nature is 'Plastic'. So we should Reduce, Reuse, Recycle Plastic. For one tree chopped we should care to plant five trees. Only people who are unlucky cannot enjoy and appreciate nature.

It was not easy to find out my goal. This is because I see many interesting personalities in my life. Moreover I like to do something thrilling and meaningful to the society. And I got the answer. I decided to become a Police officer. I feel this is a very challenging and responsible profession. Being patriotic I am proud to serve my nation.

Nature port Wordsworth states –
"One impulse from the vernal wood.
May teach you more of man,
Of moral evil and of good
Than all the sages can."

By Nanadana S. 4-B



#### By Nandita .S 4-B

My Goal

#### Mother Earth

Oh our wonderful Mother Earth. The smell of jasmine, rose and lilly. Such a treat for our eyes.

Is saving the planet important Yes! It is important to save a planet.

They look like colorful dancers of the nature. The essence of fresh fruit tempts you to eat it all. The fresh flowing water from high up in the mountains, just leaves you spell bound. Oh how could I forget the creatures God has made.... The animals who grow and enjoy every bit of nature.

Man today has got lost tracing luxury and glamour. So far away from nature standing in the high rise buildings. Our assets are all being cut down....Let's help our Mother Earth just a little bit friends...be a true Springdalien and remember to plant a sapling on our birthday at least 11

Eshita Jaswal 5C



#### Save Mother Earth

Yes! It is important to save a planet.

It is much more important to save a plant.

Of course! It is very important that we save water, trees wood, paper etc.

People should reduce the "Carbon Foot prints"

So we should all save the planet earth.

By Jaya Alias Ragini Kakkar 4-B

Promise us that we will save planet.





## The Lesson on Educate the

Food Wastage

own refrigerator.

tons of food every year, around (dehydrating) and freezing are also a big reason for not sending one third of 21.7 million tones all ways to extend the shelf life the girls to schools and colleges. we purchase. Most of this food of many fresh fruits, vegetables This scenario is gradually and waste is currently collected by local authorities. Some of teacher about what could be the this will be recycled but most number of people going hungry of the wasted food is still going in the world or sleeping without to landfill. Then their teacher food. Her teacher estimated told them the journey of wasted the number around 45%. After food. She said that 90% of waste every one asked their questions goes to landfill. When food waste they told their teacher that they Lok Sabha and Panchayats have is put into landfill and rots it will not waste food. The journey produces methane, a greenhouse of the wasted food is a lesson for direction. Illiteracy is a cause of gas much more harmful than one and all. carbon dioxide. By recycling your food waste rather than putting it in your rubbish bin you can help reduce the amount of waste going to landfill and its environmental impact. Food waste is a huge issue in America. especially in light of the growing divide between the rich and the hungry poor. Then Sita asked her teacher, 'Can you tell me how

n one fine morning on the gave some tips to the class. breakfast table there was Meal planning help you spend

day when she went to school, weekend, you will only purchase Education will only add strength her teacher asked every one, the foods you need at the store, and support to those hands that Charles Fourier has stated 'Do know you how much food preventing you from buying rock the cradle. you waste in a day and where foods on a whim only to have them does that wasted food goes? In spoil before you eat them. Look A very high population of rural her class only few were able to for new ways to use food scraps India still follows child marriage answer this question. Then her instead of throwing away half and female infanticide. This set teacher said, "Let me tell you an onion or extra bits of carrot. back is mainly because of the in detail about it. When you're Store the extras in a container, lack of basic education. Parents looking for it, you see food waste in the freezer. Once you've saved feel that the education of girls is everywhere—at restaurants, in enough, boil them in water to wastage as they will go to their large portions and even in your make your own homemade husband's house after marriage vegetable broth that you can and more dowries have to be paid use when cooking rice and from more educated girl. Poverty UK households waste 6.7 million soup. Pickling, canning, drying and Literacy among the people is and meats. Sita then asked her



to stop food waste?' Her teacher Harshita 7A

#### Girl Child. Educate a family

n educated girl child Arundhati Roy, Indira Gandhi. a lot of food to eat but Sita less and waste less. When you ——educated mother. As of Springdales Padmashree Dr. was not hungry and this food know what you're going to eat the saying goes, the hand that was also wasted. Then the next today, tomorrow and this coming rocks the cradle rules the world.

> slowly being changed in India, through various awakening programmes launched by the government to educate the girl

Reservations in Rajya Sabha, played positive roles in this many ills. The educated women can help eradicate many social evils prevalent in the society. A woman influences the decisions and activities of the family than anyone else. Only she can shoulder any responsibility and support the family in any crisis. From the family her next step extends to the society. A woman has more tolerance, patience and commitment towards her work. Kalpana Chawla, Kiren Bedi,

will grow up into an Pratibha Patel and the founder Rajani Kunar are a few names I would like to mention.

once could judge the degree of civilization of a country by the social and the political position of its women."

Ignoring a girl child and keeping her illiterate, means that we are creating an illiterate generation. I would like to quote Swami Vivekananda "I ask vou all so earnestly to open girl's school in every village and try to uplift them: if the conditions of the women are raised, then their children will, by their noble actions, glorify the name of the country. Educate your women first and leave them to themselves, then they will tell vou what reforms are needed."



Arundathi Nair

#### "ELDERS AND OLD AGE"

L its circumference: the childhood, young age and the old age. The best days are your In todays materialistic, selfish childhood ones and in many world, many children in their cases the worst are your old age days. WHY?

A famous quote says, "Respect of love and affection they got the elderly, when you are young, in their childhood days, and Help the weak when you are have become just mere money strong,

Admit your mistakes, when you are wrong,

Because one day you will also grow old, become weak, and expect others to show you some all the care, love and affection respect".

Few families are blessed with in their home. Their presence privilege denied to many". itself makes a big difference and if not also makes a big difference (negatively).

Someone said "Listen to your elders advice, not because they

he human life cycle are always right, but because experiences 3 stages in they have more experience of being wrong".

> race of time and money, have forgotten the hands who taught them how to walk, the warmth making, heartless machines.

My only special message to evervone reading this article is please respect elders and other family elders, they also deserve as your children and wife. "What you sow today is what you will harvest tomorrow' and "Do their elders staying with them not regret growing older, it's a better or worse depending upon

Peek into a Teenager's Brain.

veryone must be thinking have changes in us; we start being a 13 year old is easy.

I'm not saying it's tough but it never quite impassable. What a is a quite a challenge, especially teenager actually experiences is this time of life is pretty critical as everyone says. As we start developing our personality, we

what a 13 year Old's brain getting emotional about anything has that everyone should and everything. Of course our know? Hmmm... let's see. I family and teachers would help personally hate it when people, us outgrow this phase of life but especially your family think that till it happens, it's irrational, irritating, irrelevant and vet nothing but mood swings due to hormones going hay wire.

matters the most about the least applications like What'sapp. important issues and we get hurt However our over indulgence when elders don't understand with the gadgets and social that. The reason we make our networking sites throw our friends more important than parents in pits of insecurity and family is because we feel they fears and to top it up our falling are the only support in life as scores get make them hyper and they go through the same and fill them up with all sorts of fears understand us and our feelings.

The family's attitude changes Also at some point we start because we are developing feeling worthless and incapable. changes and they react to our Our minds start perceiving sudden changes in varying ways. that others are better than us. It's even worse when a child's A sense of hatred is developed family has a lot of negativity toward our family and teachers and their own set of problems to because for some reason they actually miss out the core issues love to compare us to other revolving their child.

at school. It might be good but amongst siblings as some may one bad or unpleasant thing have excelled in many areas spoils the entire day as every and have fulfilled parental little thing matters. It can be a expectations while we feel we teacher scolding or being partial, have failed them. This is when a fight amongst friends, bullying the closeness with siblings gets or any other issue. Hence, after cut off as we treat them as our 6 hours of school when we competitors. We feel criticized finally get home we either feel and degraded. how we have combatted our It becomes more irritating when struggles at school. However the people ask us to 'CHILL' or say academic pressure, the school's things like 'You need to get rid and parental expectations once of this habit of yours. You can't again leave us with very little take everything personally'. choice to express our anguish to The matter gets worse because our elders.

Now I know parents and teachers why we are called the would say that Facebook and our phones will not train us for the real world but after 18 hours of training for the real world we need our fun as well. It's like team work, everyone cooperates. We feel the lack of understanding and co-operation from our families as such.

So to achieve our fun time we start skipping our sleep, lunch and dinner. We always want to be in touch with our friends and hence the obsession with

It's a period where everything Facebook and phones with and tensions.

family members and students. Not every child has a good day This also creates jealousy

of 'Peer Pressure.'

Now, do we really understand 'TURBULENT TEENS'?



ASHWINA MEHRA8A



# My Ideal School

them are practical. Firstly, the school will the books. start will start at 9 am so that students get a goodnight sleep and give some time to My ideal school cannot be without friendly few of the lazy students to complete their teachers. The teachers would help students homework. The first period always should be understand all topics and solve all their My ideal school will be the school which I will gathering together in the playground taking problems. Teachers have to give homework look forward to attend every day!! for fifteen minutes and balance for doing otherwise, how will the students learn but breathing and stretching exercises. Healthy it has to be limited. Special occasions and body means a healthy mind.

different for the summers and winters! Every student's birthday will be treated as a special day. Everyone will have to sing a TRIPS! Everybody loves them. Trips happy birthday song in the class for this sometimes can be educational but sometimes student. Student of course will have to get will just be about having fun e.g. going to a cake and toffees for the entire class YUM! water park, zoo and movies. SPORTS! Are The teachers birthday will also have to be equally important as studies. special and students to get flowers for their class teachers on their birthday. I get so tired My ideal school would have swimming. of carrying all those heavy books every day football, basketball and running. For boys Mehek Sawhney 7B

That an opportunity to write about—so I think we will have only three subjects—we will have rugby because they love to push

festivals would need to be celebrated like wearing national dress on UAE National Day School uniforms will be smart and will be or wearing a witch costume and dressing up on Halloween.

my ideal school! When I think of per day. This would mean student would pay each other around. Test! WORKSHEETS! an ideal school, my mind just has full attention to the subjects and concentrate EXAMS! Everyone hates them but they will so many ideas though I am not sure all of at the same time be saved from carrying all be there in my school as we have to learn and go to universities. PROJECT WORK will be there as it really helps everyone to learn





My ideal school will be a book-less, homework-less and most importantly, an exam-less school. Children will be given laptops instead of old-fashioned textbooks and notebooks. They will be allowed to wear coloured clothes every day and also will be allowed to bring any of their electronic gadgets.

They will be 'earning fun and easy topics. An example: why is TV important for the life of humans (this is actually the 1st topic in a 3rd grader's academic year). They will also be grade according to the number of correct answers you give in class. Each correct answer consists of 5 marks. If they manage to get 50 marks every week, he/ she will get an 'Al" in their report card. They will also be rewarded for their excellence with a small bar of chocolate.

They will be allowed to bring one electronic gadget to school every day. Their bags will be checked every day to ensure that only their laptop (which is the substitute for book and notebooks) and one electronic gadget is inside the bag. If any more are found, they will be kept in the school till the child writes a 100- word essay on

#### "obeving school rules".

Riya Rajan 7A

In all, my school will be the dream school of most children will make the child is happy at all times.



there were books, there should be no text, only pictures. Might seem kiddish but hey! They say a picture is worth a thousand words. We could learn in some other way. Oh! And wouldn't it be nice if we got a dollar just for coming to school? There need to be food; yes LOTS of it. There should be popcorn, na-

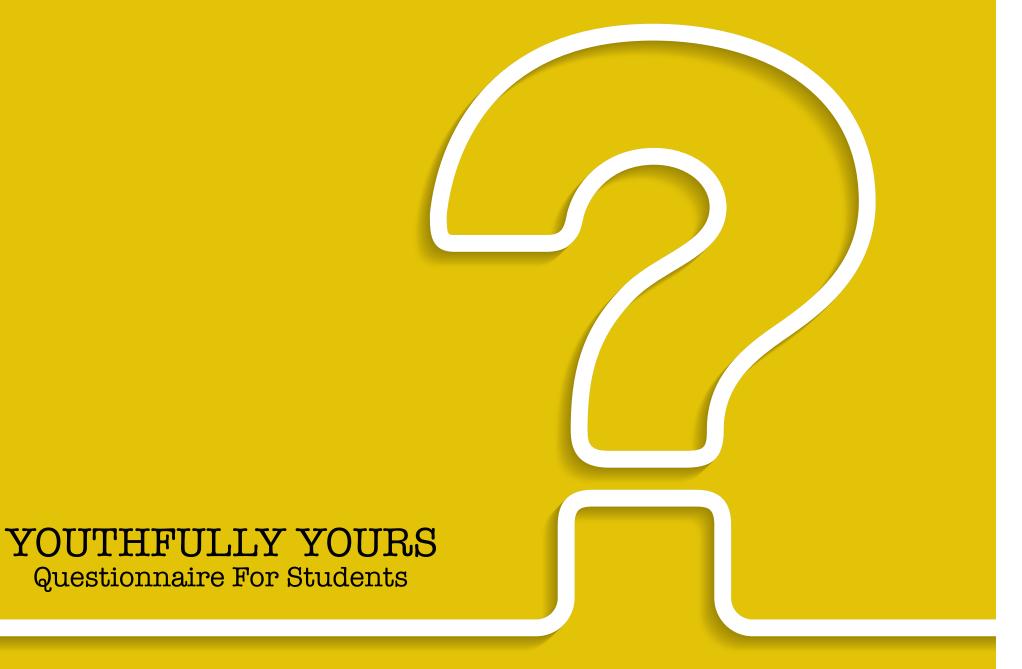
chos, pizza. Every Monday there should be a different cuisine from any part of the world. Let's add a chocolate fountain to that picture. A tuck shop near the cafeteria with small snacks would be exciting. Classrooms could have a view of the sea. (I don't know how they are going to do that, but a person can dream right? Maybe a unicorn could give me a ride to school. I don't like thinking much; so I need a reward every time I think. After all people do say, "A penny for your thoughts" and so why not actually get paid for it? The school should be spacious, and it should have a large field, with sports such as badminton, football, tennis etc. And I enjoy listening to music, so the school should allow electronic devices. The students will not wear



uniform, but the students will be dressed neatly. Of course no school is complete without friends; all my friends should be there because they are what makes my life complete. And if there is any sort of studies they should be about zombies! We need to be prepared for the zombie apocalypse. Just kidding! I just listed out my fantasies which I don't think is possible in reality!

Devika 7A





#### Q1. Create your own holiday. What would you celebrate? How could you get others to join in the fun?



I would like to have a holiday on my birthday which is on the 6th of April every year. I would spend all my day with my friends and family. I will call everyone at Dubai Mall-Kidzania and spend time enjoying with my friends.

#### ARYAN DEWAN 6B



If I could create my own holiday, it would be fun day. We would celebrate it by having fun, playing, eating, etc.... all day.

RIDDHI 6A



I would go to Hong Kong. I would celebrate by having fun with my friends and family

Seeya 6B



"Console yourself" It's a day when there's no school and we can play our consoles the whole daylong

Joel Alex Biju 8A



I would like to go on a holiday to Mars. I would go with my friends. I would play lots of games and make barbeque. I will also take a ride on Curiosity Rover.

#### SAURABH OJHA 7B



My holiday would be of a photo-shoot day. When I am holding a photo-shoot usually on Fridays, the day when I am always free and luck tends to favour me. I will call my 6 best friends: Amaan, Joel, Joseph, Ashmik, Rutherford, Deval. They all possess professional cameras. We would plan out to go away from the city, far from the madding crowd, a place like Jebel Hafit or Hatha. These are the best places to have a photo-shoot as the camera captures Nature's harsh and wild moods with the barren hills, the dry wadis, the thorny shrubs and the local fauna.

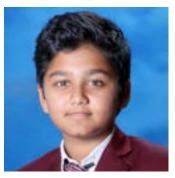
Md. SHIBIL 8A



If I could create a holiday it would be called "everything is free" day and everything would be free. I'm sure everyone could afford to give away things for free for one day. Then I would take my friends to all the amusement parks.

Shivani 7B

#### Q2. Would you rather hang out by yourself after school or with friends?



If I were given an option I would definitely choose hanging out with my friends because it's more exciting than playing alone on the computer or outside so I prefer joining my friends because its more chillax

Joel Joy 6A



I would rather hangout with my friends after school as otherwise I am left alone without people my age. I spend enough time with my family and in solitude, so I would like to spend time with my friends

Shivani 7B



It actually depends on my mood and if I have any work. If I am sad and have no work, I would stay home listening to music but if I am happy and have no work, I would love to hang out with my friends.

RIDDHI 6A



I would rather hangout with my friends because in the school with my friends, I make a deep connection with them so if I don't meet them or even be in touch with them I would miss them a lot.

P.M. CHINMAY 7B

#### Q3. If you could any one problem in the world, what would it be? Why?



I would end child labor because I feel every child has the right to go to school and study.

Seeya 6B



I would end poverty. This is so that everyone can have a comfortable living, and live in peace and harmony.

Shriyeditha 7B



World Wars because seeing other people suffer isn't a pleasant sight or I would want the world hunger problems to end.

Joel Alex Biju 8A



I would end the problem of hatred towards one another on the basis of caste, creed, religion and national-

Palak 7B



I would end women molestation, as it is a very delicate issue to deal with. Every woman has her own rights which should be respected.

Poorvaja Subramanyam 8A



I would like to end child labour because I want all children to enjoy childhood.

SAURABH OJHA 7B



I would end religious intolerance because everybody should respect each others religion. It will bring peace and happiness worldwide

Mehek Sawhney 6A



If I could end any one problem in the world it would be to find cure for cancer. By becoming a doctor, I would do a lot of research on it and find its cure.

ARYAN DEWAN 6B



I would end over-education. These days homework is so much you cant even go down to play at 4:00 P.M. I really think you should stop this because it makes you really stressful on the homework you have. JAI HIND!!!!

Joel Joy 6A



The one problem I would like to end would be terrorism. Terrorism is a phenomenon that haunts the world. It causes a lot of death, destruction and pain. It destroys dreams, breaks bonds between people and countries and it harms the development as well.

GOVIND R. NAIR 6B



In my whole life if I would get a chance to end a problem it would be provide education to girls too as they too have equal rights along with boys to be educated and be successful in life by choosing a career that they like to pursue.





If I could end any one problem in the world it would be illiteracy because this is the root cause of each and every problem in the world especially in under developed nations.

ANSHUL JAJODIA 6A



I want to end racism, in the name of caste, language, skin colour, religion, nationality and wealth.

Md. SHIBIL 8A



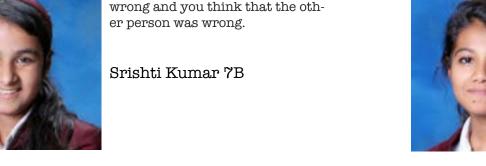
I would end the problem of polluting this earth because it is to our benefit that we protect earth from destruction caused by human greed and negligence.

Ashmik Sawhney 8A

#### Q4. What does it feel like to be wrong?



It feels really bad when you are wrong and you think that the oth-



We all are humans. We make mistakes and in most cases we don't either realize or too egoistic to admit our mistakes. The mistakes are forgiven when we make an attempt to correct them but the time of making mistakes, I am mostly

Md. SHIBIL 8A

filled by grief and shame.



I don't really know how to explain it. It's like you've been stabbed with a dagger but it feels numb and doesn't hurt.

Trisha Pramanik 8A



When you are wrong you feel like someone has taken your breath away. It's the most horrible stimuli.

ANSHUL JAJODIA 6A



I feel awkward when I am wrong, but I would like to learn from my mistakes.

PRAYAG 6B



When I do something wrong I feel really ashamed and I always feel that I should have had the power to be invisible so that no one can see me.

P.M.CHINMAY 7B

#### Q5. Write about three values that are important to your family.



Respecting Elders Being Punctual Ве Нарру

Abhinav.T 7B



The three values important to my family are

Love: it shows the bond between us Unity: it helps to achieve our goals Honesty: it will help us to be open and frank with each other.

GOVIND NAIR 6B



Don't raise your voice Respect Elders Solve Each others problems

Mehek Sawhney 6A



The three values important to my family are respect, honesty and forgiveness. Respect is acknowledging and valuing everyone's thoughts, feelings and contribution to the family as a whole. Respect is indeed earned and there is a very fine line between it and fear. The only way to earn and keep someone's respect is to first show them respect yourself.

RIDDHI 6A

#### Q6. Could you ever be a vegetarian? Why or why not?



Yes, I could be a vegetarian because it is good for health and it is good not to kill animals. Live and let others live.

Mehek Sawhney 6A



Yes I am a vegetarian because I don't like to harm animals.

Shriyeditha 7B



I can never be a vegetarian because I don't believe in deforestation.

SAURABH OJHA 7B



No. I cannot be a vegetarian because I belong to a hardcore meat eating family.

PRAYAG 6B



I can never be a vegetarian as I don't enjoy them.

Bhairvi 6B





It would mostly be about my life or great achievements I have made. -

Abhinav VII-B



- Seeya 6B

ciplined Child".



The book would be about my life, my choices, my creativity

Poorvaja Subramanyam 8A



It would be about uncovering the truth about myself.

If someone wrote a book about me

it would definitely be about "A Dis-

Poorvaja Subramanyam 8A



It depends on what interests the author about my personality.



It would be about the twists and turns in my life.

Palak 7B



It would be about the problems in my life and how I solved them as well as how I overcame the fears in my life.

Mehek Sawhney 6A

Saamiya 6B



If someone writes a book about me it would be on my dreams to becoming a world-class chef.

ARYAN DEWAN 6A



It would be on the sibling bond that I share with my little sister.

ANSHUL JAJODIA 6A

#### Q8. Write about the most important thing in your life.



It would be my family because they lifted me up this high. Who would give you as much love as your family gives you?

Joel Joy 6A



Faith is the most important part of my life. If I have faith in myself then I know can do/achieve anything in life. Krishna Satwik 8A



It would be my family because my parents get me anything I want and everyone in my family respects me.

Abhinav.T 7B



The most important thing in my life is KNOWLEDGE Riddhi Virmani 6A

#### Q9. Write a poem about your favorite activity or hobby.



The reason I read books: I read books, Some times because of the way the cover looks, The title and names are never the I can read anywhere On a bridge, under trees or behind a bear Shivani Anilkumar 7B



Reading: Reading is fun Under the sun You will be reading Your pages will be turning You will be dreaming Or probably eating Or Probably even sleeping

Anjaly Roy 8A

#### Q10. Write a poem about your classroom.



Check your paper Check your pen Make sure you've got it right Is there punctuation and capitalization? And spaces?

Mehek Sawhney 6A



Classroom is a jewel, Among many, the one I love to dwell. A classroom is a place where teachers teach, Professors preach. The classroom is used every day, In many a way. Girls try to rule! Boys try to fool. The classroom is the best Leaving behind all the rest Together with all my friends I pray To be in my classroom everyday

Naman 3B



I hear some laughter I hear some gossips I hear some noise That is not from my house Welcome to my 8A!!!!!

Anjali Roy 8A

#### Q11. Write about the best vacation you ever took.



The best and the most memorable vacation I had was my visit to England. My visit to Buckingham Palace, Madame Tussaud, Big Ben, London museum, Stratford Upon Avon. It was a wonderful and splendid experience.

Saamiya 6B

#### Q12. Write about a time when someone helped you. How did you feel after-wards?



When I was a small child, I was with my grandparents for holidays .I went to a canal nearby; while I was standing on the bank of the canal suddenly my foot slipped and fell into the canal. I was scared that I was going to drown. Suddenly a very old man came running and rescued me from drowning. My grandparents had such gratitude towards the old man. I was too young then to realize what had happened. Now when I sit and remember the incident, I realize that today I am probably breathing because of the old man who saved me from drowning. I owe my life to him. Wherever he may be or if he isn't there, hope life has been good to him and a special prayer for his family.

Abhinav.T 7B

#### Q13. Do you prefer reading books that are parts of series or standalone books? Why?



I would prefer reading books that are part of a series because that makes me feel as if I am reading a movie while I feel if I am just made to do an assignment in reading standalone books.

Joel Joy 6A



I prefer to read standalone books because in them u always because in them you always stand fresh and don't have to remember the previous story or characters.

SAURABH OJHA 7B



I prefer parts of series because they always leave suspense in every book. You can also read the same series rather than another interesting book.

SAMAH NOOR 7B



I prefer standalone as I don't want to wait for the next part to release as I lose interest.

ARYAN DEWAN 6A

#### Q14. Would you rather jump out of a plane or go scuba diving? Why?



I would jump out of a plane because it is more of thrilling than swimming in the ocean.

Abhinav.T 7B



Jump out of a plane, because it gives you the feeling of flying up in the sky but I think that my parents won't be too enthusiastic on hearing this.

Joel Alex Biju 8A

#### Q15. Write a poem about love.



Love even if for a day, And the world has changed! So what if the sun's away and the birds estranged? The wind has dropped, And the sky deranged Summer has ended and winter not far away, So what? Love even if for a day, And the world has changed. ...... Khushi Gaur 6B

#### Q16. What is your favorite TV show? What do you like about it?



Pogo, I love cartoons such as ChotaBheem, Tom & Jerry and Ben 10 :Omniverse.

Krishna Satwik



My favorite TV show is "VEDS DE-CLARSITIED SCHOOL SURVIVAL GUIDE." I love this show because the protagonist shows many ways in which we can deal with things and issues related to middle school.

PoorvajaSubramanyam 8A



My favorite TV show is 'Everest' because it gives you the courage to achieve the impossible.

Srishti Kumar 7B



My favorite TV show is NATIONAL GEOGRAPHIC because it is entertaining and educational.

Abhinav T. 7B

#### Q17. What is your favorite way to be creative?



My favourite way to be creative is by reciting poems. To recite a poem well i have to put myself in the role of the poet or the character and be this creative.

GOVIND NAIR 6B



My favourite way to be creative is to make up stories at particular time and to imagine.

SAFAL Gupta 6B



My favourite way to be creative is by reciting poems. To recite a poem well i have to put myself in the role of the poet or the character and be this creative.

Mehek Sawhney 6A



Well I like drawing because I express my best creativity while I draw. My imagination finds an outlet through my drawings.

Joel Joy 6A

#### Q18. Are you the last person to speak up in a group or the first person to have an idea? Why do you think this is so?



I'm the guy who goes along with the group and makes changes where I feel like or is necessary

Joel Alex Biju 8A



I am the last person to speak because I have time to think.

Seeya 6B



I am the last person to speak up because I want to hear everyone else's ideas first.

Palak 7B



I am usually the first person to speak up. I think this happens when I am well prepared for the discussion or when I am just enthusiastic about it.

Mihir Kiran Singh 6A

#### Q19. Why do we give respect to senior citizens and people who are our elders?



This is because they know more about the world than us and they are the ones who tell us what's right and wrong.

Krishna Satwik 8A



We respect our elders because they give knowledge to us

Seeya 6B



Senior citizens and elders have good experience and they have given their advice and support us when needed.

Shriyedita 7B



We give respect to senior citizens as they have a lot of experience in life and can guide us in tough situations

Mehek Sawhney 6 A



### Technical Error

The senior most class of the school has expressed their views on a very pertinent issue: the tussle between elders and young on the obsession with the cyber space and time.

# Bar Or No Bar For Youngsters

to keep in touch with people far and near. entertainment in the comforts of our homes. is that the stricter the dictates and more question still not answered by many.

few days ago, arguably the two most gaming and parks playing a sport or games in related networks, the PlayStation Network the open air which nourishes our and Xbox Live had been hacked. A group of body and mind. It is of prime hackers who called themselves the lizard importance in today's world squad had been fiddling with the servers. Why to meet people face to face were they doing it? The worst part about it rather than on Facebook, it was that it was happening on Christmas Eve, is significant to capture the which was the time many kids, including moods of people, nature and myself were getting their hands on the new life around and post them consoles, the PS4 and the Xbox One.

currently the life and soul of many reservations that some parents have and L people. I would not say that I am thus restrict youngsters from having least people must find better ways of earning obsessed, but life without the internet would accounts in the social network sites or rather money rather than by hacking accounts. To certainly not be easy for me! For more than monitor the accounts with strict dictates a million people around the world sites like against posting photographs, accepting Facebook, Twitter, and YouTube are ways friend requests, playing games, chatting, etc.

Education too is much depended on the the control from parents, the greater is internet. We have become so completely the possibility of youngsters doing things depended on the internet for all our big and behind their backs and more the probability small needs. However, it is equally frustrating of falling prey to cybercrimes. There should to know about the dangers lurking at the be a healthy understanding between parents corner, when we get so immersed in social and children regarding the use of internet, media and the internet. Why do people have an open discussion about the dos and don'ts to get into crimes using the cyber world is a rather than dictating terms to children without giving the logical reasons. I wish people didn't use social media as their Is it the lure of money? It is difficult to only pastime. It is important for us to step pinpoint on any particular reason. Just a out of home and sweat out in the fields

> on social sites rather than becoming obsessed with

he cyber world, in my opinion is Another thing that frustrates me is the selfies and count the number of 'likes' and comments that they earn. Last but not the end my views on the topic, parents must monitor their children's cyber time to keep them safe and not by putting a ban on it which makes youngsters more stubborn and For many, the cyber world is a source of The point that I am trying to make here more curious to know about the 'forbidden

> Joseph Pallipadan 8A



#### Creativity VS Voer Cyberactivity Obsession

rost of us, teenagers are addicted to the internet/virtual world. Internet can be very helpful but at the same time

upon how you use it. Internet gives us a lot of information from

all fields of study etc. connects us to people around the world and sometime even reduces boredom. A few reasons why internet is more comfortable to use is because it is faster and an easier source. Internet is like having a whole library inside. But excessive use of

internet can be a problem. Most of teenager students are addicted to

social media sites such as Facebook, Twitter, Instagram, Snapchat

etc. We have never seen what could happen if we get addicted to all

Internet addiction has a lot of negative impacts in our life. If we

keep sitting in front of the internet, gaming consoles etc., other

areas of life can be neglected. We may grow distant from our friends

and family who were previously close to us. Homework would be

unfinished and could cause grades to fall. Along the same lines,

a person may sit down at his computer with the intent to spend

only a few minutes, but completely lose track of time and suddenly

find that several hours have passed. Someone who is addicted or at

the verge of being addicted to the computer, is unable

to control the amount of time she spends on the

These are just few main points highlighting why internet can be wrong in some ways. Internet has many uses but anything

> used in excess is not good. It requires careful supervision and monitoring so that it does not affect the social life and

> > relationships.

addicting and dangerous. Internet is helpful depending

Social media is addictive precisely because it gives us something which the real world lacks: it gives us immediacy, direction, a sense of clarity and value as an individual."

#### David Amerland

ocial media has made its way into culture and society. We can interacting with them outside the virtual world. It's important to interact with others without having to waste credit or going control our cyber time. over to their houses every time and it's a fun activity too; but, there are many disadvantages that come with too much of time spent. There are other various ways to stop the addiction too like engaging over social media. When we are glued to our phones all day, we are in drawing, dancing and singing. Once we stop, we can actually enjoy only paying attention to relationships in a virtual world thus losing connectivity with the real world which means without us being aware, we are in fact, we are becoming unsocial. This generation has embraced a culture of narcissism with the obsession of uploading Facebook statuses, sending tweets, instagramming, etc.

The relationships, in reality can be affected in a negative way if we P. J. Abdul Kalam don't spend quality time with people who mean something to us. It's really easy for individuals to get lost in the virtual world. It happens So let's shun social media practices and get creative for a better without us knowing! It affects our physical condition too. The longer future. we spend in front of the screens, the unhealthier we become.

Even though it may seem impossible, there is a solution to this

We should limit our time and spend more time meeting people and

ourselves. We can travel to new places and discover all about the world. We can get into sports like golf, join creative clubs or engage ourselves in some other fruitful pastime

"Creativity is the key to success in the future, and primary education is where teachers can bring creativity in children at that level." -A.



Vedha Sanghavi 8A

POORVAJA -8A



### النحلتوالحمامة

فييوه عار، كانت نحلة تبحثعنبعض الهاد. بعداُن تجولتلبعض الوقت، وذهبت الي بركة لتشرب ، كان عليها أن تتلق كومة من العشب. بينما كانت في طريقها ، وقعت وانزلقت ومقطتفي الهاد.

وخافت أن تغرق کانتحمامہ فوق خبر مجاور رات أن النحلہ فی ورطہ، فکرت الحمامہ بسرعہ ورمت غصر، مناخبر فی البرکہ بالقرب منافخہ، فکرت الحمامہ بسرعہ علی الخصر، سرعان ماحملھا بسارہ الخصر، سرعان ماحملھا بسارہ الحمامہ فقطفی ذلک الوقت، جاد صیاد مدن مکان قریبائرادان یصطاد الحمامہ ورمی رصاصہ نحوالحمامہ، طارت النحلہ بسرعہ . ولیعت الصیاد فی یدہ و صلاا ردت الجمیل للحمامہ

اندرا

# الضود في الروح

اذا كان هناك ضود في الروح سيكون هناك جمال في التخص اذا كان هناك جمال في الروح سوف يكون هناك انسجام في المنزل اذا كان أهل المنزل في انسجام سيكون هناك نظام في الأمة اذا كانت الأمة تعيش في نظام سيكون هناك سلام في العالم وهذا مانصبوله. الطالب: محمد شبل (الصف الأمن)



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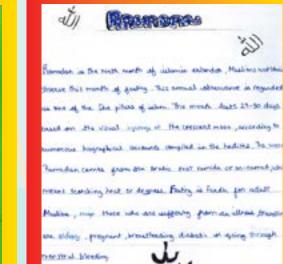
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By Millians



One dow, Propert Ibrahoon (As) wanted to he save that he was worshippy Allah, the one and only true Gottle went to the moutains and made a special dwar. "Or look show me how you give life to the

Allah said, " Pret you believe?" Yes I do, but I want my heart to be very

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believe in Allah and not to worthhonymin

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#### ज़िंदगी का सच

एक सेठ था, वो दिन-रात काअम-धंधा बढ़ाने में लगा रहता था, उसको माँ – दःख में सुख का एहसास है, शहर का सबसे अमीर आदमी बनना था। धीरे-धीरे वह नगर सेठ बन माँ – हरपल मेरे पास है। गया । इस कामयाबी की खुशी में उसने एक शानदार घर बनवाया । गृह प्रवेश के दिन उसने एक बहुत बड़ी पार्टी दी और जब सारे मेहमान चले गए तो वो अपने कमरे में सोने के लिए गया। वो जैसे ही बसि्तर पर लेटा एक आवाज़ उसके कानों में पड़ी .. मैं तुम्हारी आत्मा हूँ, और अब लटा एक आवाज उसक काना में पड़ा .. में तुम्हारा आत्मा हूं, आर अब मैं तुम्हारा शरीर छोड़ कर जा रही हूँ ! सेठ घबरा के बोला, अरे तुम ऐसा नहीं कर सकती, तुम्हारे बिना तो मैं तो मर ही जाऊँगा, देखो मैंने कितनी बड़ी कामयाबी हासिल की है, तुम्हारे लिए करोड़ों रुपये का घर बनवाया है, इतनी सारी सुख-सुविधाएँ सिर्फ तुम्हारे लिए ही तो है यहाँ से मत जाओ। आत्मा बोली, मेरा घर तो तुम्हारा स्वस्थ शरीर था, पर करोड़ों कमाने के चक्कर में तुनमे इस अमूल्य शरीर का ही नाश कर डाला, तुम्हें ब्लड प्रेशर, डायबिटीज, थायरॉइड,मोटापा, कमर दर्द आदि बीमारियों माँ – गंगा की पावन है। ने घेर लिया है । तुम ठीक से चल नहीं पाते, रात को तुम्हें नींद नहीं आती, माँ – माँ रत्नों की माला है तुम्हारा दिल भी कमज़ोर हो चुका है, तनाव की वजह से ना जाने और माँ – अँधेरे में उजाला है। कितनी बीमारियों का घर बन चुका है तुम्हारा शरीर, तुम ही बताओ माँ – ममता में प्याला है, क्या तुम ऐसे किसी घर में यहना चाहोगे जहाँ चारों तरफ कमज़ोर दिवारें हो, गंदगी हो, जिसकी छत टपक रही हो, जिसके खड़की दरवाज़े टूटे हों, नहीं रहना चाहोगे ना! इसलिए मैं भी ऐसी जगह नहीं रह सकती ।..... और

सीख - मित्रों, ये कहानी बहुत से लोगों की हकीक़त है, ऐसा नहीं है कि आप अपनी मंज़िल पर मत पहुँचिए, पर जो भी करिए स्वास्थ्य को सबसे ऊपर रखिए, नहीं तो सेठ की तरह मंज़िल पा लेने के बाद भी अपनी सफलता का लुत्फ़ नहीं उठा पाएँगे।

ऐसा कहते हुए आत्मा सेठ के शरीर से निकल गई। सेठ की मृत्यु हो गई।



नेहां सूज़न कुरियाकोस कक्षा – आठवीं (अ)

#### माँ की महिमा

माँ – घर की आतुमा है,

माँ – साकृषात परमात्मा

माँ – आरती है' माँ–गीता है।

माँ - ठंड में गुनगुनी धूप है माँ- उस रब का ही एक रूप है।

माँ - तपती धूप में साया है



रेहान कक्षा – सातवी (अ)



## बचपन की साख

पयारे बचचों सोचो ज़रा .... हम न सही कोई और है ऐसा. जानो उनके दिल का दरद वे भी तो है इस धरा का हिससा निभाओ अपना वसुधैव कुटुम्बकम रिश्ता । मिलाओ अब हाथ से हाथ अपना साकार हो जाए उनका सपना. सीमा का बंधन अब यह कैसा ? हो यह मनजता के

कोई जिममेदारी। बस हर समय अपनी मसतियों में खोए रहना, खेलना-कदना और पढना। लेकनि सभी का बचपन ऐसा हो यह जररी नहीं।

बाल मजदूरी की समसया से आप अचछी तरह वाकिफ होंगे। कोई भी ऐसा बचचा जसिकी

उमर १४ वरष से कम हो और वह जीविका के लिए काम करे उसे बाल मज़दूर कहा जाता है । गरीबी, लाचारी और माता-पति। की परताडना के चलते ये बचचे बाल मजदरी के इस दलदल में धंसते चले जाते हैं।

आज दुनिया भर में 215 मलियिन ऐसे बचचे हैं जिनकी उमर 14 वरष से कम है। और इन बचचों का समय सकूल में कॉपी-कताबों और दोसतों के बीच नहीं बलक होटलों, घरों, उदयोगों में बरतनों, झाड-पोंछे और औजारों के बीच बीतता है।

भारत में यह सथित बिहुत ही भयावह हो चली है। दुनिया में सबसे जयादा बाल मजदूर भारत में ही हैं। 1991 की जनगणना के हिसाब से बाल मजदरों का आंकड़ा 11.3 मलियन था। 2001 में यह आंकड़ा बढ़कर 12.7 मलियिन पहुंच गया।

बालय अवसथा इंसान की जदिगी की सबसे हसीन वादी . न किसी बात की चिता और न ही 🛮 बडे शहरों के साथ-साथ आपको छोटे शहरों में भी हर गली नककड पर कई राज-मननी-छोट-चवननी मिल जाएंगे जो हालातों के चलते बाल मजदरी की गरिफत में आ चके हैं। और यह बात सरिफ बाल मजदूरी तक ही सीमित नहीं है इसके साथ ही बचचों को कई घिनौने कुकृतयों का भी सामना करना पड़ता है। जनिका बचचों के मासम मन पर बड़ा गहरा परभाव पड़ता है।

कई एनजीओ समाज में फैली इस क़रीति को पूरी तरह नषट करने का परयास 🛮 कुछ ठोस कदम उठाने होंगे। सरिफ सरकार ही नहीं आम जनता की भी इसमें कर रहे हैं। इन एनजीओ के अनुसार 50.2 प्रतिशत ऐसे बच्चे हैं जो सप्ताह के सहभागिता जरूरी है। हर एक व्यक्ति जो आर्थिक रूप से सक्षम हो अगर सातों दिन काम करते हैं। 53.22 प्रतिशत यौन प्रताड़ना के शिकार हो रहे हैं। ऐसे एक बच्चे की भी जिम्मेदारी लेने लगे तो सारा परिदृश्य ही बदल जाएगा। इनमें से हर दूसरे बचचे को किसी न किसी तरह भावनातमक रूप से परताडति किया जा रहा है। 50 परतशित बचचे शारीरिक परताड़ना के शिकार हो रहे हैं। किया आपको नहीं लगता कि कोमल बचपन को इस तरह गरत में जाने से

बाल मजदूर की इस स्थिति में सुधार के लिए सरकार ने 1986 में चाइल्ड मासूम की जिम्मेदारी? लेबर एकट बनाया जिसके तहत बाल मजदूरी को एक अपराध माना गया तथा रोजगार पाने की न्यूनतम आयु 14 वर्ष कर दी। इसी के साथ सरकार नेशनल चाइलंड लेबर परोजेक्ट के रूप में बाल मजदूरी को जड़ से खत्म करने के लिए कदम बढ़ा चुकी है। इस परोजेकट का उददेशय बचचों को इस संकट से बचाना है। जनवरी 2005 में नेशनल चाइलंड लेबर परोजेकट सकीम को 21 वभिनिन भारतीय परदेशों के 250 जिलों तक बढाया गया।

आज सरकार ने आठवीं तक की शकिषा को अनवािर्य और नशिुल्क कर

दिया है, लेकिन लोगों की गरीबी और बेबसी के आगे यह योजना भी निषफल साबित होती दिखाई दे रही है। बचचों के माता-पिता सरिफ इस वजह से उनहें सकल नहीं भेजते कयोंक उनके सकल जाने से परवार की आमदनी कम हो जाएगी।

माना जा रहा है कि आज 60 मलियिन बचचे बाल मजदरी के शकार हैं, अगर ये आंकडे सच हैं तब सरकार को अपनी आंखें खोलनी होगी। आंकडों की यह भयावहता हमारे

भविषय का कलंक बन सकती है।

भारत में बाल मजदूरों की इतनी अधिक संख्या होने का मुख्य कारण सरिफ और सरिफ गरीबी है। यहां एक तरफ तो ऐसे बचचों का समूह है बड़े-बड़े महंगे होटलों में 56 भोग का आनंद उठाता है और दूसरी तरफ ऐसे बच्चों का समूह है जो गरीब हैं, अनाथ हैं, जिन्हें पेटभर खाना भी नसीब नहीं होता। की जुठनों के सहारे वे अपना जीवनयापन करते हैं।

जब यही बचचे दो वकत की रोटी कमाना चाहते हैं तब इनहें बाल मजदुर का हवाला देकर कई जगह काम ही नहीं दिया जाता। आखरि ये बचचे कया करें, कहां जाएं ताक इनकी समस्या का समाधान हो सके। सरकार ने बाल मजदूरी के खिलाफ कानून तो बना दाए। इसे एक अपराध भी घोषति कर दिया लेकनि कया इन बचचों की कभी गंभीरता से सुध ली?

दू स रों

बाल मजदूरी को जड़ से खत्म करने के लिए जरूरी है गरीबी को खत्म करना। इन बचुचों के लिए दो वकत का खाना मुहैया कराना। इसके लिए सरकार को 🥡

आप रोक सकते हैं? देश के सुरकषित भवषिय के लिए वकते आ गया है क आपको यह जिममेदारी अब लेनी ही होगी। कया आप लेंगे ऐसे किसी एक



- संगरहक एन. एच. भोजने विषय समनवयक हिंदी वेभाग सप्रगिडेल्स स्कूल, दुबई





# The Apple Tree

short while ago, I visited Kinokuniya. Bookstores today are Islam as Ruhullah-The Spirit of God. Mohammed (peace and bles never-ending narrative. There weren't many computers back in the Khalilullah- God's friend. So, if Prophet Ibrahim(Abraham) (peace mid 90's and the ones that were around, made inter-galactic sounds—and blessings be upon him) was God's friend, what was the nature that freaked everybody out.

As I perused through the columns of bookshelves, I saw a book that than someone who submits himself completely to God sent nostalgic goose bumps down my spine. The book called the "Giving Tree" is a short story written by Shel Silverstein. Initially published in 1964, this children's book tells the story of a young boy and took Ibrahim (Abraham) as an intimate friend." his relationship with his friend: a tree. In short, the boy befriends (Quran 4:125) this tree that seems willing to do anything for him. The boy would come and play in her shade, gather her leaves, and even play hide and seek. As the boy grows older, he becomes preoccupied with the world around him and is no longer satisfied by the company of his the importance of gratitude in friendship. friend. At one point, he asks the tree for money. "I'm sorry", said the tree, "but I have no money. I have only leaves and apples. Take my whether with our spouses, parents, cousapples boy, and sell them. Then you will have money and you will be friends, neighbors, colleagues, servants, happy." And so the boy climbed up the tree and gathered the apples got to ask ourselves, are we grateful for that shoulder to and carried them away. And the tree was happy...

Here we see just one example of the tree's unconditional love for the boy and its willingness to sacrifice itself for him. This story reminded me of the types of friendships we form and how dysfunctional many their condolences by writing on her wall. But hardly anyone took of them are. We have all seen, or even been a part of, one-way friend- the initiative to call her up or go visit her. ships where one party is always giving and the other is always taking. Some give so much emotionally that they completely lose their identity and become utterly dependent on their so called, "friends". Unfortunately, there are many people who fake entire relationships emotionally. I was sitting in the corner, squeezing myself into one of those tiny chairs reserved for toddlers, totally engrossed in the book. Don't judge me.

How is it described in the Quran? Many of God's messengers had "Just a quiet place to sit and rest. titles that give us glimpses into how He looks at them. For example, Prophet Isa (Jesus) (peace and blessings be upon him) is known in

much different than they were when I was a child. I remem- ings be upon him) is referred to as, "Habibullah"- God's beloved. And ber the distinct smell of old books and how to coalesce into a Prophet Ibrahim (Abraham) the father of Prophets, is known as of their relationship? In chapter four, Surah anNisa (The Women). of the Quran, Allah says, "Who could have a better religion and is a good-doer, and follows the religion of Ibrahim (Abraham), a man of pure natural belief? God

> What struck me about this passage was If we take a close look at our friendship. we have cry on? Do we take the initiative to call up our friends, when times are good and not just when we need some cash? We have many friends on Facebook. But are we in touch with them in real life. An acquaintance of mine lost her father. Everybody offered

At the end of the book, the boy, now an old man, comes back to the tree. The tree, unable to give anything more, tries to explain herself for their selfish needs. The day their needs are met, they show their to the boy. "I am sorry, boy", said the tree, "but I have nothing left to true colors. They forget that the other person helped them in the give you. My apples are gone." "My teeth are too weak for apples," time of need. They are like human leech draining the other person said the man. "My branches are gone", said the tree. "You cannot swing on them." "I am too old to swing on branches", said the boy. "My trunk is gone", said the tree. "You cannot climb". "I am too old and tired to climb", said the man. "I am sorry" sighed the tree. "I wish I could give you something... but I have nothing left. I am just But it got me thinking. What is the nature of a friendship in Islam? an old stump. I am sorry..." "I don't need much now", said the man.

I am very tired". "Well", said the tree, straightening herself up as much as she could, "Well an old stump is good for sitting and resting. Come, boy, sit down and rest".

#### Where Faith Moves the Mountain

And the man did. And the tree was happy...The tree had nothing left to give. Despite that, she still offers her stump, barely a few feet off the ground, as a resting place for her old friend. Life is too short to lose people we love.

It is said that if a friendship lasts for seven years, it lasts for a lifetime. Stay in contact with old friends even if it is every few months. The friendships we formulate during our time here have the power to resonate for eternity. We just have to show gratitude and respect for each other's time and effort. And we'll be happy.



Hamida Rehman

On the Wings of Freedom

pringdalians often thoughts flying to distant express their desires places in a flash of a moment. to have lessons free school. The ideal school for Here are some glimpses of many is a classroom without Springdalians on Wings of teachers, a timetable which Freedom where they have has more play and less learnt, they have acquired studies, weekends without knowledge and they have homework and a curriculum become wiser without the without examinations; not pressures of books and bags; to forget a school beyond the boundary walls, a horizon truly imparted beyond the where they soar high with boundaries of school and their dreams, with their classrooms. imagination and with their











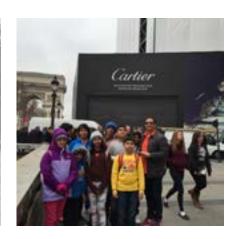


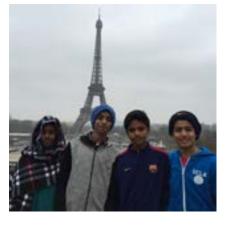








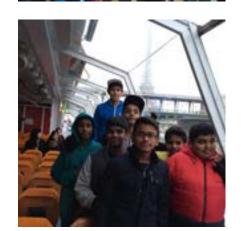






















# The Wisdom Speaks

eachers, even today form the role many others in various other professions too curious to know who, what and how are L is one of the finest professions of the taught and guided by their teachers. For the gates of the school. Let's know a little world where a teacher's greatest reward time immemorial, the teachers have been about the teachers of Springdales away from is his or her student's success. Scientists, shaping, carving, and moulding generations the subjects they teach and the many roles doctors, lawyers, engineers, actors, dancers, through the many eons of time and most they play at school.

models for the students they teach. It learn to realize their dreams as they are our teachers beyond classrooms and outside musicians, painters, authors, poets and often than not as students we have been all

## The Let-out

The vicious wave comes a charging... Her pain and fury now withstanding... She hits the shore with all her might: And lets out the emotions; withheld tight. Having confided her sordid tale... The wave departs along her trail. With her mind empty; she feels relieved... Her spirits are high with her goal achieved. She then dances along the ocean floor... Having emptied her baggage at the shore. She is feeling light and so full of life... And is geared up for all of life's strife. Her joy and gaiety are but short-lived; Life's challenges soon leave her peeved. To the shore she returns feeling deterred... For the shore is her only sounding board. She can lash and hit and scream out aloud... And at the end of it feel light like a cloud!

Aniu S Nair Class Teacher 1B



## PUFF

When there is harmony; there is peace Joy on earth does increase For peace to grow in your community The first step is social unity With unity as our strength and peace in our mind Together we shall move forward; to freedom Freedom that's mine: freedom divine Freedom that no money can buy.

Honey Malhotra (Staff Secretary)



#### Unique Camaraderie

Curly wurly waves wash across the shore; Dragging along sea shells and so much more; They dash against the shore go back to the rear; Trakversing back along the path in the reverse gear.

Having met the shore and shared many a secret: The curly wurly waves soon depart without regret. They come back ashore to whisper; yet another tale... Each time they two meet there's reason to regale!

With splashing water droplets and tiny grains of sand... Their coming together sounds; so much like a musical band... They meet several times a day and each meeting they relish; Their friendship and love for each other just doesn't diminish!

By Anju S Nair Class Teacher- 1B



#### Change Thinking Change Life

When you change your thinking, You can change your belief. When you change your belief, You can change your attitude. When you change your attitude, You can change your expectation. When you change your expectation, You can change your behavior. When you change your behavior, You can change your performance. When you change your performance, You can change your life.

Ashok Kumar Choudhary PE Department



#### La beauté d'un sourire

iestcelle qui sort Du fond de ton cœur C'estcelleque je vois Tous les matins dès six heures

La beauté d'un sourire C'est le début du bonheur Qui procure une joie Agissant d'un style séducteur

C'est un aspect qui donne Un avenir pour demain, Aussi un amour Pour mon prochain

C'estcelle qui fait Parfoisoublier la faim Qui nous donne De nous tenir La main dans la main.

#### Rasha Rou<mark>shdy</mark>



#### Mindful of Hope

Then the nights are too short and days too long, I hope for my dreams to throng. At the threshold of slumber so deep, Not to wake up but the hopes that I keep,

In the deep recesses of my mind That urges me to find. A beautiful world that blooms and flourish Where peace, happiness and love nourish.

Nurtured by the hands of humanity, Where not all is lost in vanity. Where all live in a world without fear, Where all lives are treated dear.

Where children do not grow in hunger, Where a happy home is not a dream any longer, Where light of education brings opportunities for all, To live a life of dignity and standing tall.

Where nations do not break apart and crumble, Where societies do not crawl and fumble. Where old order yields to the new, Where leaders lead and despots rue.

Where nature is loved and care. Where Earth is not made bare. Where mountains glow with the morning sun, Where the flowers and bees sing with fun.

Where rivers flow with sparkling shimmer, Where the winds bring hope and glimmer, Where stains of hatred and greed, Are long forgotten and fears freed.

Where laughter is shared by young and old, Where grandma's tales and stories told, Of a world where all God's creatures live in harmony, Are my dreams too many?

So what if they are ever growing? Isn't it Hope that keeps mankind going?

Uttara Mazumdar

#### Mother and Child

Tt moved and it turned, She sighed and she smiled The heart beat was loud and clear, Life within was distinct without fear.

The day arrived, when the doctor notified

Here comes my angel, the mother said with pride. As the days passed, the child grew fast,

From lap to arm, she exhibited her charm.

She stood on her feet, it was spectacular indeed!

To carve her future, she handed her over to her teacher, She is not only a disciplinarian,

But one who guides her children.

It's amazing the way they connect, Love so pure and sacrosanct This indeed is God's creation A bond beyond admiration!!

#### Reeta Lisa Teacher: 1B



#### The Learning Curve

Tlook up at the sky, With a heart full of love, Leach day a new beginning, Each day full of hope. What is it that I want. My dreams are so vague, Why dream at all I say? Does life need an escape? Be happy, be content, The voices all over say, With such weakness of heart, And thoughts that just stray? Change is a must, For the better, of course, Having lived this far, Happily, for far more. Grow a bit of courage, Grow a bit of nerve, Life experiences teach, Learning is but a curve.

#### Jyothi Nair



# Who Am

was born free, with no name No class, no caste, just one more Amongst the many millions, An ordinary mortal and no fame. With no bindings, no shackles, no chains. And then an identity given, a name given, As society accepts me in all its glory, But my dreams remain dreams, ever growing and everlasting. A life of freedom, a life to fly, a life to run With no strings attached, To race against the winds, to ride the crest of waves, To reach the deep recesses of oceans, to win the lofty peaks Of mountains so high and to penetrate forests so deep. To lie on the grassy verges of rolling hills and the green vales, To smell the spring flowers and lose myself in bottomless slumber, To wake up under the canopy of the blue endlessness, To quench the thirst from the rippling brook that passes by. Amidst these dreamy desires, the realities of life come knocking at my mind's door And yet I promise to continue with what I came for. To live life, to win, to fly

And to fulfill my life's commitments amidst thrills and excitement,

Uttara Mazumdar



#### तीन नजमें

1. चाँद माँ की तलाश करता है ......... मेले में गम हए किसी बचचे की तरह . बहोत तेज उजालों से डरते हैं बचचे . और ये सरज भी खंजर की तरह लगता है बस इसींलिए डरता-डरता बेचारा चाँद अँधेरे में निकलता है रात भर चलते हैं मासम कदम और बेलिबास जिसमें दरिता है माँ को पाने की खवाहिश में तनहा चाँद रोता है भटकता है

माँ की तलाश में रात भर रोता है चाँद का आाँस ही तो सुबह शबनम होता है जसके दम से मिलती हैं ईद की नैमत उस चाँद का हर रोज मोहररम होता है ....दोसत आज फिर शाम होने को है देख आँधेरा होने को है , फिर वो-ननहा चाँद माँ की तलाश में निकलेगा आं कि एक दआ कर लें कि एक बचचे को उसकी मााँ मिल जाये ..... मेले में गुम हुए किसी बचचे की तरह , मासम चाँद सदियों से माँ की तलाश करता है .

#### 2. वतन बेहद क़रीब लगता है...

कोई एक कीमती-सा कागज़ है जिसपे चसपा है नयी तसवीर मेरी और पराने दसतखत मेरे और उसी में मौजद कछ सरकारी महरें हैं कुछ सीलों की सयाहियााँ हैं इन सब से है परदेस में नाम मेरा, पहचान मेरी, तारररफ़ मेरा... सोचता हाँ किसी रोज गर धोखें से भी कहीं गिर जाये कि खो जाये ये महाँगा कागज़ जो परदेस में मेरे होने की निशानी है तो खो जायेगा नाम मेरा, मिट जाएगी पहचान मेरी और तारररफ़ मेरा... दरअसल ये परदेस के सही मानी हैं कि हमसे बढ़कर वो एक निशानी है यकीनन अब जब वतन से दूर हाँ मैं वतन बेहद क़रीब लगता है...

#### 3. उससे मेरा बस इतना ही सिलसिला था बातों का

उससे मेरा बस इतना ही सिलसिला था बातों का कि जब भी मैं हिंदी पढाने जाता था . वो फरेंच पढनेवालों के साथ कोई और कलास में चली जाती थी... उससे मेरा बस इतना ही सिलसिला था बातों का कि एक रोज जब फरेंच पढनेवाले बचचे मेरी कलास में बै रहे . वो मेरी जबान नहीं समझ पाने की वजह से बहोत मासुम से सवाल पृछ रही थी ... उससे मेरा बस इतना ही सिलसिला था बातों का कि सकुल के कॉरिडोसर में जब भी आते जाते दिखती मुसक्राते हुए छुपती- सी गुजर जाती थी... उससे मेरा बस इतना ही सिलसिला था बातों का कि एक रोज जब वो कलास में शैतानी करते नजर आई तो मैंने कहा- ' वेट आई विल कॉल योर मममा' और उसने उसी लमहे मैं चपचाप कहा था -' ओ के , बट आई डोंट हेव मममा सर '... कल सुबह से जिसके सिवाय कोई याद नहीं कछ याँद नहीं... उससे मेरा बस इतना ही सिलसिला है बातों का...

डॉ. सुधीर आजाद

# مقتطفات عرب الأخلاو

الموطوُولَ أَلْتَافًا ، الذِّينَ يُالفولَ ويُولفونَ ، ولا خير ضَمَنَ لا يُالفَ ولا يُولفَ ) . ويقول ان عر وإنما الأمم الأخلاق ما بقيت ف إن هم وُصِبَ أخلاقِهم وَصِبوا - ٢ الاهتمام : اظهر اهتمامك ب٥ غرين . حتى يظهروا الاهتما بك . يقول انتعر: أحسن إلى انفس تستعبد قلوبعم فطانا استعبد الإنسان إحسان أحسن إذا 6 كان إمكان ومقدر فلن يدوه على الإنسان إمكان.

٣ \_ التفاؤل م والحماس .

عَال الرسول عليه الصلا والسلام: ( تَفاءلو بالنفير تَجروه ) . سئل نابليول بونابرت : كيف استطعت أن تمنح الثقة في أفراد جيتًا ؟ فقال : كنت أرد بثلاث : من قال : لا أُقَدِر ، قَلْتَ لَهُ: حَاوِل ، ومن قال : لا أغرف ، قلتَ لَهُ: تَعْلَم ، ومن قال : مـتَحيل ، قلت له: جرب .

> -٤ القواضع : تواضع فعل اله-0. قال الثعر :تواضع تكن كانتجم لاح نفاظر على صفحات الهاء وحورضيع ولا تَك كالدخان يعلو بنف على طبقات الجووجو وضيع الحجلم : لا تخضب أبداً . قَالِ الله تعالى: "وكا تستوك العسنة ولا السِينة أرفع باتدى هي أحسن فإذا الذي يينك وبينه عداو "كأنه ولي حميه" مور فصلت آهية ٣٤. قَالَ الرسولَ عليه الصلا والسابع: ﴿ ليسَ السَّديدُ بِالصَّرِعَةِ ، إنها الشريد الذك يملك نف عند الغضب ). ٥.

# حلم وأمقال عربية ظره من طلب العلاسمراللياني

الطيور على اشكالما تقع القرش الابيض لليوم الاسود

اذا رأیت أسان اللیت بارز خلا تظن ان اللیت یبت

الصديق وقت الضيق

الوقت كاليف الن له تقطعه قطعات

من حدوجہ ومین کیر حصہ خیر القارہ ماقل ودل لیس کر کے ما یلمع ڈھنا

#### The Learning Curve:

I look up at the sky, With a heart full of love. Each day a new beginning, Each day full of hope. What is it that I want. My dreams are so vague, Why dream at all I say? Does life need an escape? Be happy, be content, The voices all over say, With such weakness of heart. And thoughts that just stray? Change is a must, For the better, of course, Having lived this far, Happily, for far more. Grow a bit of courage. Grow a bit of nerve, Life experiences teach, Learning is but a curve.

#### Jyothi Nair



मासुम चाँद सदियों से माँ की तलाश करता है .

RINGDALES SCHOOL DUBAI

And to paint my life in rainbow colours.

And to carve out my entity in the world,

To invent, to explore, to discover.

For yesterday, today and tomorrow.

In hues of happiness and tones of laughter,

SPRINGDALES SCHOOL DUBAI 159

## The Man Who Made

#### His Life Eternal

here is a very popular saying that 'when the going gets tough, In 1974, Hawking's research turned him into a celebrity within the we all aspire to imbibe in our life. There are innumerable stories Hawking radiation was born. This sent shock waves of excitement and examples of the above saying and how people have achieved through the scientific world, and put Hawking on a path that's been the impossible when the commonest and simplest efforts are not marked by awards and distinguished titles. He was named a fellow of made possible for them. Amongst the many such inspiring stories the Royal Society at the age of 32, and later earned the prestigious of achieving the impossible, my favourite is on the journey of Dr. Albert Einstein Award, among other honors. Stephen William Hawking, the British theoretical physicist.

Dr. Hawking has devoted much of his life to probing the space time deteriorated. He required assistance for every day to day activity described by general relativity and the singularities where it breaks and gradually his speech became slurred, so that only those who down. And he's done most of this work while confined to a wheelchair, brought on by the progressive neurological disease amyotrophic good following a tracheotomy. His condition caught the attention of lateral sclerosis, or Lou Gehrig's disease.

Hawking first began to notice problems with his physical health while he was at Oxford—he would sometimes trip and fall, or slur his—that were then passed through a speech synthesizer. At the time of speech—he didn't look into the problem until 1963, during his first its introduction, Hawking, who still had use of his fingers, selected year at Cambridge.

stages of Amyotrophic Lateral Sclerosis (ALS, or Lou Gehrig's attached to a sensor. disease). In a very simple sense, the nerves that controlled his Through this program, he went on to write various scientific papers muscles were shutting down. Doctors gave him two and a half years and he soon catapulted to international prominence with the to live.

seemed more tolerable than the boy who was his roommate in the biopic has been made on his life. "The Theory of Everything". hospital and was suffering from leukemia. However, it was a dream that changed his perspective on his life; when he dreamt of his Dr. Stephen Hawking thus is the finest example of the saying with possible execution. This was a turning point as he realized that he a slight change that 'determination can move the mountain'. In still had a long way to go and much to achieve rather than awaiting our well cocooned life with comfortable if not luxurious existence death to claim him finally.

Hawking's take on life is one of a kind where he has taught many of the challenges that come in our way; we make life miserable by to use adversaries to their advantage, be they their enemies, or dramatizing our supposed miseries; we love to glorify our sorrows personal losses in life or diseases to battle against. Before the and woes and we pride in our imagined trials and tribulations. It is diagnosis, Hawking hadn't always focused on his studies. "Before thus imperative for all of us to learn, read, and follow the lives of such my condition was diagnosed, I had been very bored with life," he said. "There had not seemed to be anything worth doing." With the sudden realization that he might not even live long enough to earn Long live life as life is truly beautiful and worth every day of it, no his PhD, Hawking poured himself into his work and research.

While physical control over his body diminished and was forced to use a wheelchair by 1969, the effects of his disease started to slow down. This did not deter him from his work, his searches and his findings and studies. Soon Hawking became a member of the Dr.Stephen Hawking Institute of Astronomy in Cambridge.

the tough gets going'. This is probably one of the many lessons—scientific world when he demonstrated that matter, in the form of Left that we teach our students and one of the finest mantras that radiation, can escape the gravitational force of a collapsed star.

As Hawking's career as a physicist expanded his physical state knew him well could understand him. One day, he lost his voice for a California computer programmer, who had developed a speaking program that could be directed by head or eye movement. The invention allowed Hawking to select words on a computer screen his words with a handheld clicker. Today, with virtually all control of Eventually, however, doctors did inform that he was in the early his body gone. Hawking directs the program through a cheek muscle

publication of A Brief History of Time. The short, informative book became an account of cosmology for the masses. Soon he authored Hawking was devasted to hear this news. He was on the verge of the book The Universe in a Nutshell. The life of this great Physicist of becoming despondent when he realized one day that his situation our times has inspired the movie makers of around the world and a

> we often get baffled, miffed, upset and confused with the slightest people who have made a mark in this world differently. They are abler than the most abled and the winners than the most victorious. matter how long or how short it is. Long live the dreamers who have achieved their dreams not by sleeping but by staying awake and seeing their dreams become a reality.

> "However difficult life may seem, there is always something you can do and succeed at."

Debiani Ghosh



आओ मिलकर एक स्वर में कही स्पिंग्डेल्स हमारा हमें जान से प्यारा वसुधेव कृदम्बकम् हे इसका नारा। हमने तझसे पाए शिक्षा के उजाले एकता और प्रेम के नगमे निराले गाए हम तेरे तराने एक स्वर से रिपंग्डेल्स हमारा हमें जान से प्यारा वसुधेव कृदम्बकम् हे इसका नारा। हम करेंगे अच्छे काम होगा रिप्रंग्डेल्स का नाम हम चमकेंने भूगंडल पे जैसे चाँद सितारा स्पिंग्डेल्स हमारा हमें जान से प्यारा वसुधेव कुटुम्बकम् है इसका नारा।

पूजा श्रीवास्तवा



#### सदाबहार उच्च विचार

पञ्च था – सफलता किसे मिलती है ? सफलता का रहस्य क्या है आरिवर ? उत्तर दिया घडी ने - सदा समय पर काम करो । कैलेण्डर का सझाव था - अपट्डेट रहो। समय पर पहार करो हथोड़ा चिल्लाया। सब अवसरों को हाथ में कर लो लाठी चीखी। चाक के शब्द थे - हर काम में तेजी लाओ । सुई-धागा बोला - मिलजुल कर रहो। शीलवान व नम रहो। वर्फ का विचार था।

मेहनत करो यह मेरा सझाव है।

हर पाणी की न्यारी ऑखें छोटी बड़ी मतबाली आँखें। दिल का आइना कहलाने वालीं लाखों सपने दिखलाने वालीं। खशी से झमें जब भी ऑखें हो जातीं तब नम ये आँखें। यां गम में जब इवे मन तो ऑस टप-टप टपकाती ऑखें। इतनी संदर,प्यारी,सनहली, रंगीन दनिया दिखलाती आँखें। अपनों को मिल चमक अनोखी मच में हैं दिखलातीं आँखें। अपने प्यारों का दर्शन करके सया-संतोष से भर जातीं आँखें। खुली आँख तो जीवन चलता वंद औरत में सवकुछ धमता। इन दो आँखों का अब क्या कहना सच में सच का अनमोल ये गहना।

रश्मि खन्ना









#### From the SAWA Department

"We at Springdales have a responsibility to ensure that every individual has the opportunity to receive a highquality education, from kindergarten to elementary and secondary, to special education, to technical and higher education and beyond. SAWA Department reverberate the motto of Springdales School; "The World is a family"

'No Child Left Behind' requires SAWA department to ensure that all students are learning and are reaching their highest potential. "No student ever attains very eminent success by simply doing what is required of him: it is the amount and excellence of what is over and above the required that determines the greatness of ultimate distinction" By Charles Kendall Adams

SAWA department comprehensively work towards inclusion of pupils with special needs, EAL learners, able gifted and talented students besides providing counselling and career guidance for better school adjustments and successful professional life.

Our special needs pupils are important part of regular classes and are supported to learn through differentiated teachings at their own pace with apt modifications & accommodations and proudly contribute and participate in all aspects of the life of the school. They are given timely interventions, Individualized education programmes and assistance of shadow teachers for personalized attention if required. SAWA professionals along with the other care givers develop and design programmes and activities to assimilate with school so that all students learn and participate together.

SAWA counselling services serve a dual role of educator (through guidance education activities) and counsellor (through counselling services) merging when the counsellor is involved in prevention work. All of life's situations interact with each other. For instance, by addressing a student's personal/social needs through talks, presentations, the school counsellor simultaneously teaches resiliency skills and affects the student's readiness for educational challenges. As a result of such interrelationships, the school counsellor supports the integration of career guidance and counselling services to address students' life skills for ultimate success in life.

As we know that the students with difficulties face unending emotional traumas, feelings of incapability, low self-esteem and poor social & economically independent lives. We at Springdales School Dubai have neither the pretension to solve all the problems of these children nor the intention to sit down and feel sorry for these children, knowing that we have made a difference in their lives. As rightly said "Enable the Disabled; Translate Disability into Ability; Capability, a winning Opportunity-Indeed a Reality" - Why do we not step forward and make a beginning to a better world for every one?

## A Trip That Taught us Humility

short break out of our daily routine could become such an opportunity to learn, was beyond our imagination. It was no Legular picnic or education trip or even a community work related to environment and cleaning campaign. It was to learn about abilities and challenges of life that most of us take for granted.

A few teachers accompanied us to Rashid Pediatric Center and opened before us a different world; a world of joy, a world of challenges, a world of simplest of the simplest achievements and a world of reality. We made friends with students with disabilities but who were braver and a happier lot than us, who have simple expectations and greater missions to fulfill in life.

It was their sports day and we accompanied them and it made all the difference to them who vie for acceptance and not sympathy, to be with them and not pitying them; to stand alongside with them, encouraging them on their struggles to achieve their mission. We came back as better people and learnt the real meaning of courage, challenges and achievements with all humility.

Neha Susan





RINGDALES SCHOOL DUBAI

## The World which is Less Understood by Most.

Some experiences are extremely hard hitting, they expose us the naked truths about ourselves. Our achievements and our failures, our ego and our self-obsessions get buried under the stories of children and people who are simply struggling to be understood by a greater majority of people of the world. Such was the experience when we visited Rashid Pediatric Centre for Special Needs.

he Centre caters to special needs children and adults having physical disabilities or with neurodevelopmental disorder like autism and Down syndrome and many more. It was a day well spent with the students at the center. It was our first experience related to Community Service that stresses on 'Know your fellow beings and Serve Mankind'.

some of our time with them, our understanding for them and our acceptance and affection for them. This was thus a different world that was opened before us, an opportunity given by our school; an experience that made most of us appreciate what we have and not, what we don't have.



Amaan Basheer 8A



# Everybody is Abled.

hat I took back from Rashid Disabled Centre is a valuable lesson. Ability is measured with how well one utilizes one's faculties. With all our faculties working fine, we are still unable to take up the simplest of the challenges while we have people Compassion and pity are not what they want; rather they want who are abler than us by taking up challenges way beyond their means. The students of Rashid Center taught us an important lesson about our false vanity and our supposed achievements and laurels.

> We sincerely thank all our friends at Rashid Center, for showing us the mirror and helping us into becoming better individuals.



Poorvaja Subramanian-8A







# Helping The Helper

It is not enough to recite the motto of the school, 'THE WORLD IS A FAMILY' but it is important to respect the motto, to live the philosophy and to inculcate the values into our students and every member of the Springdale fraternity. With such thoughts in our minds, Springdalians came forth in huge numbers from across the school to begin their first community service: HELPING THE HELPER.

As the popular saying goes by, 'Charity begins at home', our Springdalians involved their parents into their project and prepared goody bags for the helpers of the school, the bus uncles and bus aunties; for those uncles who are painstakingly putting brick by brick in bringing up the new school block with the state of the art

amenities, a dream place for the students who call their school 'a home away from home'. In an air of happiness, in the mood of stretching a helping hand, in the expression of sharing and caring, the students learnt the importance of 'one world, one family'





## The Silent Support

Then we say that we are a school with a difference, the question that is put to us is in what way? And we are quick to answer as the school's philosophy rups in our system. breathe in and out on the ethos of Springdales, where on one hand admission office, working tirelessly towards the systematic growth we believe in the world being a family while on the other hand we are of the school and it's efficient and smooth functioning. a mini world ourselves where every member irrespective of race, nationality and position is part of the Springdales family.

If the leadership team, along with teachers and students form the big family tree of the school, then there are the silent workers, like the roots of a tree holding the school firmly on the ground.

to answer as the school's philosophy runs in our system, we the accounts and human resource department and of course the

Without our team of excellent support staff, our performance in every sphere of work and activity would fail to reach high standards and quality. They stand by us in every possible way, at times appearing like the genie of Aladdin's lamp, always stretching out a helping hand without a frown or a second thought, just to make our work easy.

As we march forward to a well-paced growth, achieving many more feats, becoming the premier school in the region, we salute our silent workers and all those departments who provide us a steady ground and a congenial environment of working, learning and teaching, thereby taking the school to its pinnacle of success.























The light of the Dawn



## Smart Initiatives

The roles we play in each other's lives are only as powerful as the trust and connection between us; the protection, safety and caring we are willing to share.".....

Oprah Winfrey.

s said and believed by Oprah Winfrey, so do we at Springdales School, Dubai have a strong philosophy of a safe, caring and nurturing environment for all, especially for our young students. In an extremely complex and competitive world, human mind and actions are difficult to judge and gauge and it is in such situation we are completely unaware of perils waiting at the corner to strike us at the most inopportune times.

With such thoughts in mind, Springdales has worked immensely in ensuring a safe environment and actions at all times for our students and staff. In this ongoing process of initiating and enacting, the school's commitments to safety measures have been much appreciated and recognized by the Road Transport Authority of Dubai and thus helped Springdales to win DAST (Dubai Awards for Sustainable Transport) in the category for School Transport.

The school's 'SMART INITIATIVE' has identified, established and implemented the safest best practices to ensure the highest standards in school transportation. Armed with latest technology, trends and tools, our excellent tracking and monitoring system of our school buses has given a new meaning to our care and guidance to our children. With helpful nannies and bus attendants maintaining

logs and records, as well as the RFIDs installed in our buses, have made us reach the highest standards of safety rules and actions. The School has identified the hazards of transport system and implemented control measures through Safe best practice, Management system, Awareness & training, Risk management and Technology.

Our Chairman Dr. Navjit Singh Anand along with his team received this prestigious honour and award from His Highness Sheikh Ahmed bin Mohammed bin Rashid Al Maktoum in the second year of the school's existence in Dubai. This is indeed a great achievement and a proud feel that which has made us even more committed to reach the highest standards of excellence in all areas of school.

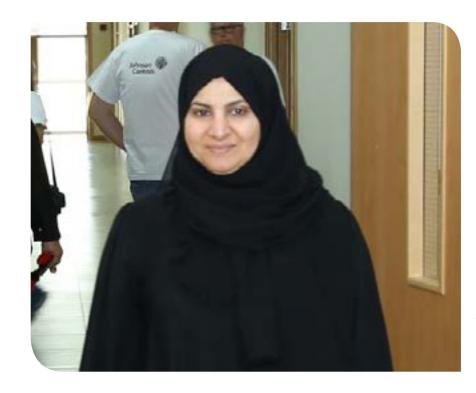






# Environmentally Envisaged





#### From Emirates Environment Group

The rapid pace of growth and development in our Region and across the world opens up both opportunities and challenges. History will judge our generations by how we lived and what we contributed to the world. We are not living sustainably, and we are adding problems instead of solutions to already critical global challenges. It is imperative that mankind changes trajectory to embark on sustainable development as our ultimate and collective destination. The time to act is upon us; only we can choose how we will be remembered; - as a greedy, polluting and wasteful generation or a responsible, ethical and eco-wise generation.

Habiba Al Marashi March 2015

## When the most significant issues cry for attention

Such a beautiful planet, the most unique in the solar system, the only one to have supported all forms of life, the home for everyone and yet it is so threatened by us that some do not exist with round the year Recycling Campaigns, Cleanliness Drives, Tree anymore. We are now categorized by 'extinct' and 'endangered'. Plantation, Eco Art and Awareness Programs, the environment Who will do the needful to save Earth, save us?'

to save the world! At Springdales Dubai, we are at a nascent phase — more future projects and programs. taking up the yeomen's task to do a little which will add up to the huge onus of saving the world. The Environment Club 'The Green President Environment Council & the Green Warriors Warriors' have been constantly working round the clock to spread

warriors have been on their toes, proving their mettle, handling with all the pride and sincerity that they could muster. Our Green An ordinary query by 'LIFE' but extraordinary task by a handful Warriors will thus continue with their zest and zeal to launch many











Where the Mind is

# Without Fear

#### Where Leaders Are Groomed

famous saying by Charles S Lauer comes to my mind when I sit back and evaluate my role as a House Coordinator. It has Labeen an inspiring and a motivational journey through out! The respective House Wardens and the students of the Prefectural Board have all passionately and enthusiastically contributed towards fulfilling their duties. To be a leader is actually a process of inner self discovery. Here at the Springdales, we are privileged to have an excellent team who are backed by a very

supporting management. Together with the support of our parent fraternity, we endeavor to inculcate in our students a sense of responsibility to be worthy citizens of tomorrow.

Rajani Jaiswal

#### The Head-Girl Speaks

eaders are not born but leaders are made. This thought was never truer before but became a reality to me since the time I joined Springdales. The school truly believes that excellence does not mean achieving academic excellence but the attitude to excel. Springdales thus instill in me the faith that it is the process of achieving excellence more important than It was indeed a proud moment for my parents for Springdales becoming excellent.

I was made to believe that ordinary can become extra ordinary with the right attitude to life. I regained my confidence and started trusting my decisions. I was not scared to share my views and opinion and realized that I indeed have an inner strength that can command respect and not demand it. This head girl post has shown me that I am responsible enough to guide myself and my schoolmates in the right path to achieve goals and aspirations. My school's faith in me and my leadership skills worked for me in deleting negativity in me, in taking criticisms constructively and to strengthen my weaker areas with greater determination. I learnt that it is the perseverance and the courage to accomplish something that makes one a good leader. Being the Head Girl of my school puts the onus on me to try out the once believed impossible, to venture into areas unexplored before and to stretch my hands out to one and all, friends and foes.

I thank my teachers, and my friends for believing and encouraging me in all my activities and trusting me with my responsibilities and commitments.

Poorvaja Subramanian (Head Girl- 2014-2015)



#### My Way to Becoming the Head Boy

alkative, fun-loving and a good ear to catch new words and to use them just to make my friends sit and wonder about them are a few of my regular traits; but never had I dreamt that these traits would help me to carve out a path that demanded greater attention to my goals, greater responsibility and being constantly in the limelight. In a new school, with new set of friends and teachers, I carved out my niche and found out more about myself than before. My teachers discovered in me the art of speaking, the skills of oratory and the spontaneity of my expressions and that which earned me the post of the Head Boy. Was this an easy journey for me? No, life became a little more strenuous as the demands and expectations from me suddenly became more.

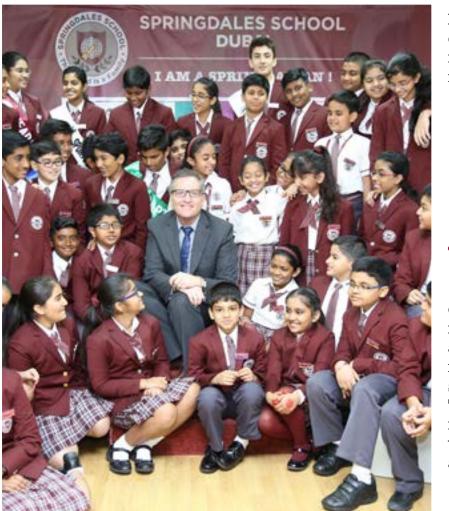
A leader needs to be an all-rounder. And here I am, stumbling my way through in academics, sports and other extra-curricular areas. indeed found in me the latent talents which I was compelled to bring out, use it to my advantage and make my school stand out with a responsible student council headed by the top-most post holders. Having said that, there are times when I indeed feel the curbing and curtailing of my freedom to be just the way I am; easy going, stressfree, complacent and procrastinating to top the chart.

However, it is those moments when I see the pride in my parents' eyes, the happiness and a sense of achievements that my teachers get after completion of an assignment and the words of praise and a few pats on my back from friends, that make me realize that how fortunate I am to have such beautiful people surrounding me and always encouraging me to put my best foot forward. Thus here I go with my humble thanks to Springdale fraternity to have believed in me and nurturing me with so much love and care into becoming a responsible individual.

Amaan Basheer (VIII A)



And the Legacy Continues..... Introducing the Prefectorial Board 2015-2016



#### Rehan Zahid Head Boy

Thave often heard of leaders are born and leadership qualities are innate talent for some of the world's best known leaders. However, I believe that we are all born with many talents but how we groom ourselves and use our talents, which decide our destiny, our future course of action, realizing our dreams and ambition. Becoming the Head Boy for the year 2015-2016 in Springdales is not going to be an easy task as it would require greater responsibility, better time management, proving myself as best as possible in all areas of school be it academics or co-curricular and above all fulfilling my duties to the best of my abilities. Walking solely in the road to success is difficult but it is even more fraught with hardships to walk with a team of people with different traits, different likes and dislikes and different temperaments. I am confident of support from my school mates, my juniors, my mentors and teachers in carrying out my work and fulfilling the expectations of my school.

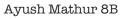
#### Vaibhavi Head Girl

77 ith true efforts, sincere heart and determined mind, success is bound to be mind, success is bound to be mine and that's what has helped me to become the Head Girl of the year 2015-2016. I am disciplined, I give extreme importance to orderliness, I am true to my conscience and I give my best to all that I do. I am confident of leading my team in making my school proud of me and taking the school to its highest degree of success and achievements. The world's very few women leaders have all made a mark in their respective fields and I am sure that I too would carve out a place for myself achieving my goals and leading my team to the pinnacle of success.

#### Presidents Environment Board

o work for a noble cause, a just cause, we don't need a post; a desire to do something different, change the mindset, work towards a better world for all are all that we need to do with or without a badge to pin up on our shirts. We all are perturbed by the condition of the world with her degrading environment, with callousness of human actions, with uncontrollable greed of man and promises unfulfilled and forgotten. As responsible post holders of the environment board we want to first wake up our own school mates and ensure that they too do their bit to make our school a Green School. They say 'charity begins at home'; thus as the citizens of tomorrow's world, we begin with our homes, our school, our neighbourhood and then our community, the city and lastly the wider world waiting for us.







Khushi Gaur 7B

#### Presidents Editorial Board

ead, Imagine, And Write. Our work is no less daunting when we have to coax and cajole people to write. Writing for the school magazine and other publications is a joyful experience for some and for many the desire to write is there, mind is brimming with ideas but the confusion is how to go about it.

Here we come in and just ask them to pen down their thoughts and the rest is our job to collect, collate and correct. We want our fellow mates to write their minds, express their views and share their opinion with one and all as the world has seen revolutionary changes wherever and whenever the pen has proved to be mightier than the sword.



Saurabh Ojha 8B



Riya Rajan 7A

#### The Message of the House Captains

Te continue to carry forward the legacy of our predecessors and would ensure that Springdales always has able leaders who are sensitive, who are daring, who love challenges, who believe in excelling in all fields, who are responsible and who believe in walking and working with their teams. We are the new generation leaders who believe in 'never say never' and thus other than keeping with our house mottos we also aim at achieving excellence keeping with the spirit of the Springdalian ethos and philosophy where the best wins following the best practices and for the best reasons.



Aftaab 7 B



Tanushree Verma 7 A

#### The Message of the Sports Captain

Tn our roles as Sports Captain, we have a very responsible role to play. Arranging competitions and Ltournaments are the areas that we focus on but the challengelies in enthusing and encouraging Springdalians to step out and compete in the various sports and games as our generation fights shy of physical activities and are more engrossed in digital games and engagements. Moreover, it is an additional task in inculcating the right practices, to make our school mates to understand the significance of team spirit and leadership skills and duties. As the year's Sports Captains, we aim to take the school to new heights of success in intra-school and Inter-school tournaments and challenges.



Sarnav Berry 7B



Ashwina Mehra 7A

House System

4

#### Peace House 'Victory Lies in Peace'



ur house colour is yellow, the colour of the Sun which is the source of energy and strength for all that earth holds in her bosom. The motto of our house resonates with the belief of one of the greatest emperors that the world had ever seen: the Mauryan ruler, Ashoka. We are the believer and follower of peace that which the world is so much in need of. As House Captains we strongly believe that

the greatest victory is when it is won in peace and harmony. It is a great onus for us to impart the same message, teach the same philosophy to all our students of Springdales and that which we take an oath to fulfill

Devanshi Vipin & Ashmik Sawhney





#### 'VICTORY LIES IN PEACE': the motto of the PEACE HOUSE

The a world torn and tattered with so much violence and hatred, have I been able to explain the term 'peace' to the children of the Lschool, irrespective of which house or which grade they belong to? This question constantly bothers me as my prime responsibility is to teach the values, the ethics, and the morals that are fast eroding in a very commercial, fast paced world.

Peace and non-violence, harmony and unity are the topics of discussion of the present paralyzed and fractured world we live in. No matter how many different ways there could be to solve problems of and victory, the students never lost their fighting spirit. As House the world, the greatest of them is winning battles and cruel hearts and minds through peace, friendship, cooperation and harmony. Where there is peace there cannot be violence and where there is defeat, often I saw them rejoicing in the victory harmony, unity is obvious. With such a beautiful thought and philosophy to imbibe, our students of PEACE HOUSE take on the challenges thrown at them in all fields with the right attitude, the right presence of mind and with great dignity and honour.

Victorious is he who has shown the world how to win with love, with the spirit of the game and with the heart to lose and learn from his

Nagarao Bhojne



### Unity House 'Union is Strength'



ooking back at the past months makes us wonder how much we have learned after joining Springdales, Dubai. This is the school that gave us the opportunity to explore our leadership skills. We are the Captains of the 'Unity' house. The colour blue depicts so much of the school's philosophy and ethos. It's the colour of the sky, under which our world is one big family. With this

philosophy, we move ahead with our responsibilities of holding our house together for all team work, all competitions and commitments. The school and the teachers together guide us to be leaders of today and encourage us to be the leaders of tomorrow.

Joel Alex Biju & Ashwina Mehra





#### Unity House

he Unity House, of Springdales School, Dubai is the proud bearer of the color blue. Unity House stands for Strength in Unity. The L Staff and students had a fruitful academic year 2014-2015. We saw our deepest downs and our highest ups. In the face of defeat

warden, I was amazed at the resilience of the indomitable spirit of the students. In the face of of their rivals. May the best team wins was the underlying message throughout the year.

Preeti Sharon



# Forwad House Freedom House

'Excelsior'



ur house denotes 'excellence' while our house colour Red reverberates around our house motto. It is the colour of the blood running in our veins, making us move forward and that's what life is all about; a journey. We move with a mission to take up challenges with optimism, to excel and to make a place for ourselves. We as house captains lead our teams with the spirit of moving ahead, not to stagnate

and not to look back on 'if's and 'but's.

Shubhi Sekhri & Md. Shibil.

LEADERSHIP



Thile finding a new and unique idea is rare enough; the ability to successfully execute this idea is what separates the

ties that every good leader should possess, and learn to emphasize.

These key skills and traits help a leader to move ahead, to lead and

to march FORWARD in achieving excellence. Honesty - Whatever

ethical plane you hold yourself to, when you are responsible for a

team of people, it's important to raise the bar even higher. If you

make honest and ethical behavior a key value, your team will fol-

low suit. Ability to Delegate - The key to delegation is identifying

the strengths of your team, and capitalizing on them. Find out what

each team member enjoys doing most. Chances are if they find that

task more enjoyable, they will likely put more thought and effort

behind it. Communication - Knowing what you want accomplished

may seem clear in your head, but if you try to explain it to someone

else and are met with a blank expression, you know there is a prob-

Commitment - If you expect your team to work hard and produce

quality content, you're going to need to lead by example. There is

no greater motivation than seeing the leader down in the trenches

working alongside everyone else, showing that hard work is being

done on every level. The FORWARD house has imbibed these values

and the team has groomed well in these skills. Small and steady

dreamers from the achievers. Here are some key quali-



#### collaborative acts lead to greater success. Teamwork is best exhibited when we are not bound by petty differences but are free

to explore, express, innovate and initiate.





Deepakshi Rawat & Joshua Jerson

#### What does FREEDOM mean to you?

'Freedom is our Birth'

The are born free to lead a life of freedom where our thoughts and

soar to great heights of achievements and

spread our wings in freedom. That's what our

house echoes. It has the colour of life and life

thrives best in freedom. We as captains believe

in free exchange of thoughts and ideas as

expressions find freedom, where we

The angree to those questions in "The angree to the "The angree to "The "The angree to the "The angree to "The "The angree to the "The angree to the "The angree to "The "T The answer to these questions is "no." However, if you start to reflect a bit, freedom can certainly be felt, if not by your hands then by your heart. The question then remains how to explain what freedom is.

One way to explain freedom is to look at the difference between children and adults. Children enjoy a certain kind of freedom that adults do not. This is because the adult understands the rules of society while the child does not. As children grow, however, he or she begins to understand the rules of society and take on the responsibilities. Activities that once seemed easy to engage in become more and more complicated as the child becomes more responsible and starts to internalize the rules of his or her society. In Springdale's we learn to use our right of freedom with utmost responsibility. We learn to live free by respecting others rights to live free too. We cannot ignore the rights of people with whom we live lem. If this has been your experience, then you may want to focus on in the society. We cannot simply do what we want and ignore others. We must take other people's rights into consideration.

> At all times we keep our school motto in mind, 'Vasudhaiv Kutumbkam', meaning 'The World is a family' and we inculcate the same in our children. We understand that freedom is to be respectful and useful to our society as we are to the members of our family. Freedom is important to everyone, an innate right, where both man and nature work together to create a free and peaceful world to live in. At the end I would like to quote some words of wisdom by Abraham Lincoln "Those who deny FREEDOM to others, deserve it not themselves."

Jvoti Kakkar

honing your communication skills.

steps will take them to greater heights.

Zaheen



his section presents the Parents' contribution. Springdales value all its partners greatly and understands the significant role played by them, as nurturing able bodied and able minded citizens of tomorrow's world need the shared role played by both school and home.

# What is My Happiness Quotient?

here, you've got me to really think, Is happiness the success that comes in a blink? L Is it the knowledge of a bank balance so immense, That can buy anything -cars, jewels, mansions even part of Reli-

Good health, famous friends, exotic holidays and a fascinating

Are really nothing if your son or daughter is in character, inferior! The pain that it brings, creates such a black hole,

That it sucks, the wealth, the success and the false status, in whole! So is happiness actually in bringing up a child who does things

With your values and teachings giving his character, more might? Our children are our true investment, not the shares, villas or gold! The rule is simple, if they do well, our happiness increases - manifold!

Sindu Krishnan Menon

#### POEM Things To Do

Just look at the time! It's nearly nine! Do you think, this is the right way, To start a brilliant new day? There are a million things you have to do. Brush n' bathe, read n' write and of course, eat food. So wake up, get on your feet. Do things properly and you'll get a treat. Eat a good breakfast, Fruits and vegetables are a must! Start making a timetable, go! Go! Go! Try not to add T.V in one of the rows. Don't waste time and lie in bed, Start counting those homeworks, in your head. Make sure not to forget, The upcoming exams that your teachers have set. Now finish this poem and begin your work. Remember, there are a million things to do!

Shivani Anilkumar

#### MY THOUGHTS ON...

#### Attitude vs Talent

Tn order to better understand the comparison of attitude and talent consider the analogy with air travel. Whenever, we travel by air, Lthe first thing we do is to purchase the airline ticket. However, the airline ticket by itself is not enough to get into the plane and we need to have a boarding pass. Similarly talent is something which we inherently possess but talent by itself cannot get you success. It is essential to have a positive attitude if you want to harness your talents and succeed in life.

#### Dream to Reality

olin Powell, an American statesman and a retired 4-start officer in the US army, said, "A dream doesn't become reality through magic: it takes sweat, determination and hard work". Indeed it's good to dream but it's important to realize that it is through your efforts and perseverance that you can realize them. We come across many successful people in our lives and feel awed by the success they enjoy. What we should keep in mind that their success came from years of struggle and hard work. So dream on, but be ready to accept all challenges and impediments that may come during the journey to make it a reality.

#### Success: a journey or destination

Tagree with Arthur Ashe, the famous tennis player, when he said "Success is a journey and not a destination." We should Lifocus on doing the right things because only by doing that we can be truly successful. Ashe's life story demonstrates how he battled racial discrimination and went on to become the first black player to win Tennis Grand Slams. Even after retiring from tennis he fought bravely against AIDS. He set up a charitable trust to help raise awareness about the disease. He succumbed to the disease in 1993 leaving behind a legacy which went much beyond his tennis successes.

# What is your Happiness Quotient?



#### "And then my heart with pleasure fills,

And dances with the daffodils." - Daffodils by William Wordsworth

hese days people are so engrossed in their daily struggles that they forget the meaning of true happiness. Today happiness is construed more as financial or materialstic gain rather than something which is more intrinsic and fulfilling. You don't have to be rich L or opulent to be truly happy. What you must look for is what brings internal contentment and pleases your heart. It could be even a small thing as the sight of daffodils in the poem of the same name by William Wordswoth. And that is true happiness!!

# Success

a journey or destination?

ife is a journey. A journey filled with experience of good and bad. We name good experience as success and bad experience as failure. Destination is a place one want to reach in the journey. When you reach the destination, you have successfully reached a goal. You celebrate the success and continue your journey, throughout your life. Therefore success is a journey and not a destination.

niccess is the by-product of our thinking process. It is achievable, provided we are ready to train our brain and stay committed towards it. It is we who determine our success. The philosophy behind success may vary from person to person. To some, it may be acquiring wealth, to some a worldly position, to others, academic

human attitude, humility and gratitude. A journey to success is easily conceivable with these elements. Let us build our character around this and accept failure as a part of success.

Be cautioned, that in the pursuit of success, we may unknowingly leave behind old bonds and relationships. Let not this happen! As when we achieve success it will be incomplete, if we are unable to share it with people close to our heart that we may have left behind in this journey.

Shahnila Khan

Assistant Teacher -2D Parent of Samiya, 6B

YOU, The Springdalians are on a beautiful journey in your life. Together, you grow under the guidance of your teachers and the care of your parents to complete your schooling successfully. Once you reach that destination, you will certainly set new goals for success. Never stop setting new goals and thriving to achieve it. Keep sharpening your skills and knowledge as competition is alive in the new world which is one globe. If you stop and satisfy with one success, remember that someone somewhere is trying to do things My idea of success originates from a combination or a blend of better than you did and they will come ahead of you.

> Joseph Roy, Father of Anjali Roy & Amal Roy









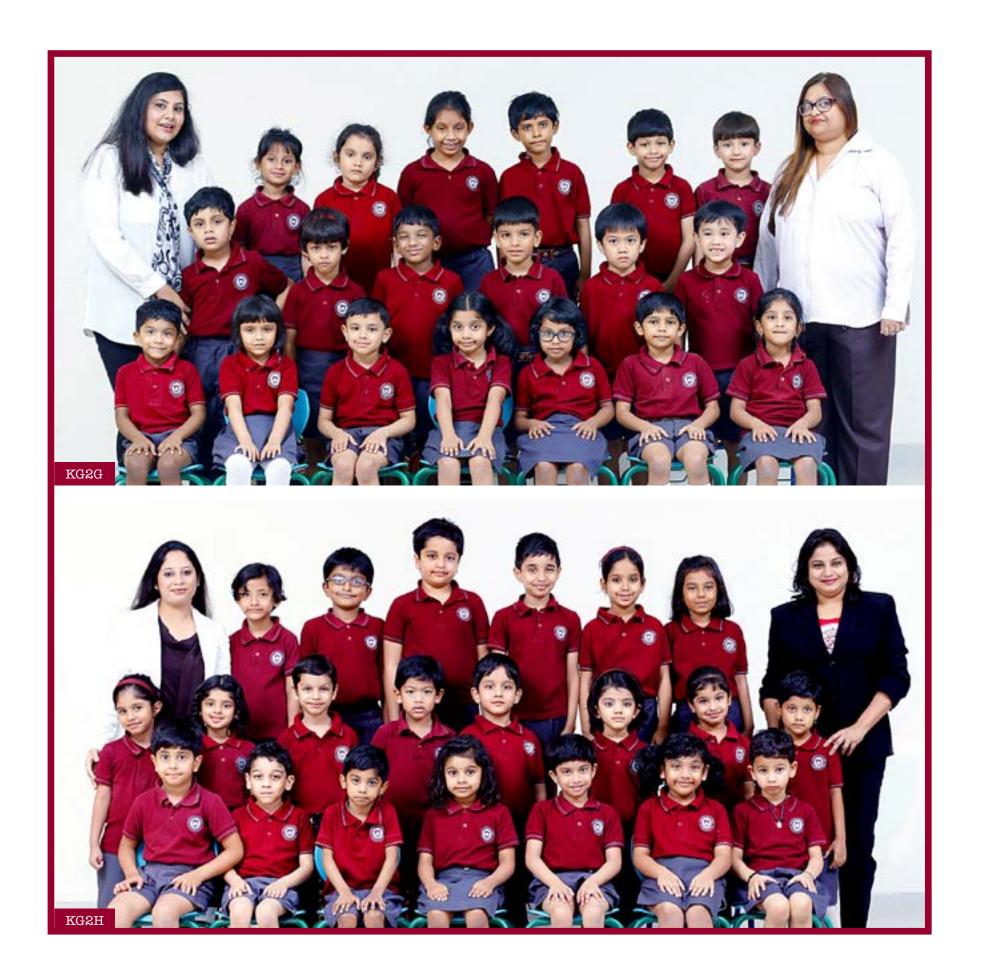




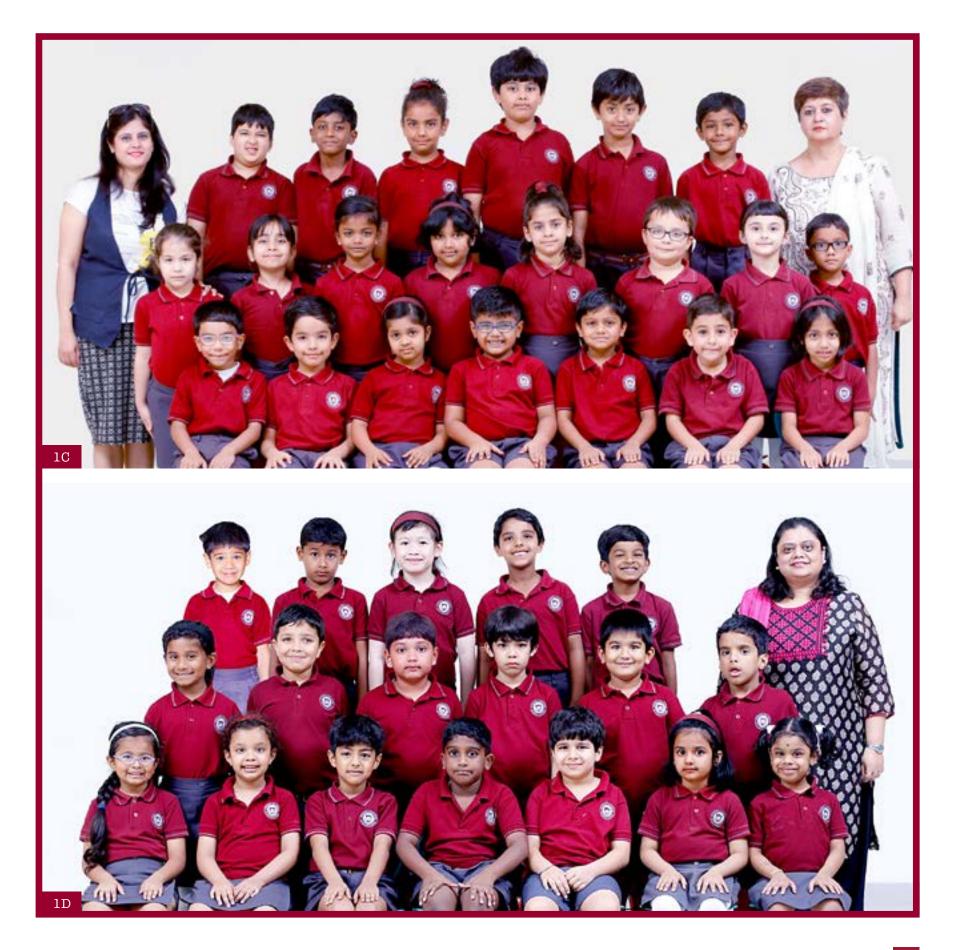
































# Digital Desk

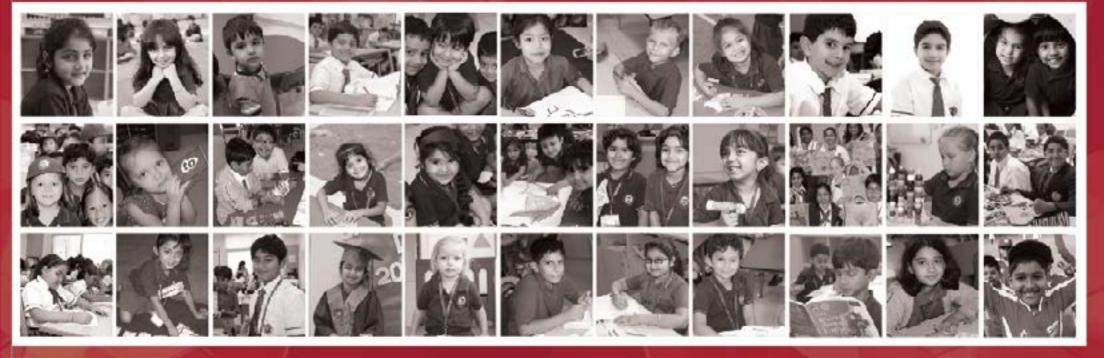
If writing is an art, digital tools embellish and ornament the published craft.

Dr. Farooq Wasil, CEO, Goldline Education

A boat can never be rowed with one oar and that is the story of any project or event. Many a skill hand and creative minds work together in a creative project. Some are visible while others work behind the scenes.

The digital team led by Mr Zubair Ahmad, Head-Brand & Corporate Communications, Goldline Group with his team members Mr Hamad, Designer, Goldline Group and Ms. Shikha Judge, Communication Executive at Springdales School, Dubai made this project visible with their skillful behind the scenes management.

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SPRINGDALES SCHOOL DUBAI



Al Quoz - 4, Dubai, Contact: 04 338 1311, info@springdalesdubai.com, www.springdalesdubai.com

